



**RAMAIAH**  
Medical College

# RAMAIAH MEDICAL COLLEGE ECO CLUB



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## Introduction

As inhabitants of planet Earth, as future doctors and as responsible citizens, faculty and students of Ramaiah Medical College, have inculcated a sense of responsibility towards society, environment and Mother Nature. A wide variety of events and awareness campaigns have been carried out from the past 15 years before the initiation of the Eco Club. Cleanliness drives, tree planting campaigns, 'Go Green' rallies, cycling competitions to promote the use of clean energy and reduce our carbon footprint, recycling drives, collection of waste, awareness about proper waste disposal and related hazards, are some of the events that have been conducted so far. Treks to various places to experience nature's touch amidst the hustle and bustle of city lives have also been organized.




The inception of this club was in the year 2019 following the continuous novel efforts towards the care of the environment by the Department of Community Medicine with the support of the management and other departments. This sparked the management to initiate a student-faculty driven "ECO – CLUB".

The Eco-Club is a supportive effort of the faculty and students, to help take a small stride towards the betterment of our environment. This eco club plays an important role in creating environmental awareness and responsibility amongst future generations. It is a platform to provide information about the environment as well as to sensitize students to environmental problems and to come up with possible solutions.

## Aim

The ECO – CLUB aims to help students become environmentally conscious and enable participation in activities and discussions to develop environment friendly attitudes, so that they become dedicated and responsible citizens who are willing to work, individually and collectively towards achieving a sustainable environment.

## General objective

-  To help students acquire an awareness and sensitivity to the total environment and its problems and to reducing environmental impact as individuals, medical community and as citizens of the world.
-  To help students utilize their acquired knowledge and skills in taking practical thoughtful, positive actions toward the resolution of environmental issues and problems.
-  Commitment to contribute to and support sustainable environment friendly activities in the GEF campus.

## Eco-club team 2021

President	: Dr.Shalini C Nooyi (Vice Principal – Academics, Professor, Community Medicine)
Vice President	: Dr.Gurudev (President, Memorial Hospital and Prof – Nephrology)
General Secretary	: Dr.Vinay Martin (Prof – Radiology)
Administrator	: Dr.Babitha Rajan (Asst.Prof – Community Medicine )
Treasurer	: Dr.Priyadarshini (Asst.Prof- Community Medicine)
Student-President	: Dr.Vishnu Prasad(Intern)
Vice President	: Karthik Yadavalli(3rd term student)

## Committee Members

Sl.no	Names	Term
01	Dr. Vishnu Prasad	Intern
02	Ritika Reddy	8 <sup>th</sup> Term
03	Suraj	8 <sup>th</sup> Term
04	Sanjay K	8 <sup>th</sup> Term
05	Prakriti	6 <sup>th</sup> Term
06	Rahul Ravindra	6 <sup>th</sup> Term
07	Divyanshi	6 <sup>th</sup> Term
08	Ullas	3 <sup>rd</sup> Term
09	Karthik Yadavalli	3 <sup>rd</sup> Term
10	Mayuri Pawar	3 <sup>rd</sup> Term
11	Lodhra	3 <sup>rd</sup> Term
12	Anvitha	3 <sup>rd</sup> Term
13	Ela	3 <sup>rd</sup> Term
14	Swasti Shandilya	1 <sup>st</sup> Term
15	Ananya K	1 <sup>st</sup> Term
16	Amrit Raj	1 <sup>st</sup> Term
17	Neha Harikrishna	1 <sup>st</sup> Term



## 2015 Cycle rally

Creating awareness among the younger generation



Sustaining our environment

## 2015 Planting saplings around the new building of the Medical College



### **Salient Features of Environment Policy of Gokula Education Foundation**

Gokula Education Foundation believes in sustainable eco friendly campus with minimal carbon emission by adopting 'Reduce, Reuse, Recycle' principles and effective use of non conventional energy sources.

Gokula Education Foundation recognized key impacts to be made in the areas of:

- Energy use
- Waste management
- Water use
- Procurements to meet "Go Green" Policy

We will strive to:

- Communicate the environmental policy to all employees, students, patients and other stakeholders
- Provide a safe, healthful environment for employees, students and patients.
- Integrate environmental concerns in designing any new infrastructural facilities within the campus.
- Efficiently utilize resources in the campus, especially for key resources such as energy and water.
- Reduce, reuse and recycle of all types of wastes to prevent pollution.
- Dispose medical, solid, liquid and electronic waste in line with regulatory requirements adopting industry best practices.
- Preserve and enhance biodiversity; increase "greening" in our campuses.
- Set, monitor and review goals of GEF on an ongoing basis toward achieving continuous improvement in environmental performance; improvise based on new evidence and expectations.
- Share our experiences towards eco friendly initiatives to other stakeholders through appropriate communication channels.
- To support various voluntary, national and international protocols, conventions and agreements on environment.

**Dr. D. V. Guruprasad**  
Chief Executive, GEF

The Gokula Education Foundation has an environmental policy released in 2014 and updated in 2017

Gokula education foundation culture :  
Presentation of plants as a token of concern for the environment to all the guests who visit the medical college





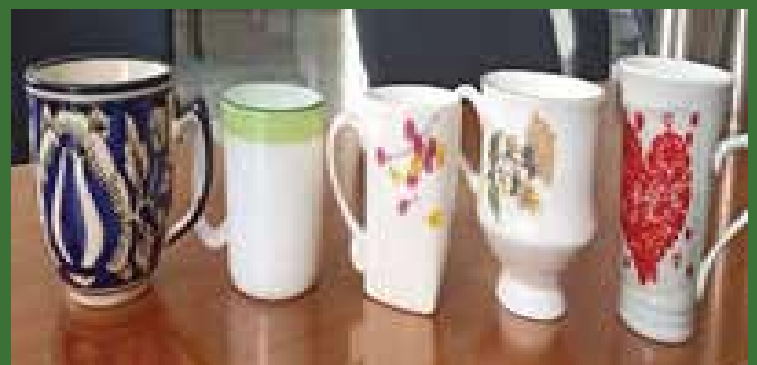


In most of our celebrations we have shifted from lighting of lamps to watering of plants



4-5 years back  
Now

Phasing out of paper cups in the Department of Community Medicine





Plants distributed to all the departments of the medical college building



Passion continued during a recently held conference - #ISNSCCON2020 #greeninitiative – a Southern chapter nephrology conference was organized in Ramaiah campus by Dr. Gurudev and his team. The following were implemented during the conference:

1. No flex banners. All were cloth based .
2. No plastic water bottles. We used big water cans with steel cups.
3. No flowers were used.
4. No garlands for the guests.
5. Speakers were given books as mementos
6. Delegate bags were made of cloth.
7. We used steel plates and spoons to serve food.
8. For poster presentation we used e posters hence avoided flex print outs and paper posters.



## Recent Activities (2021-2022)

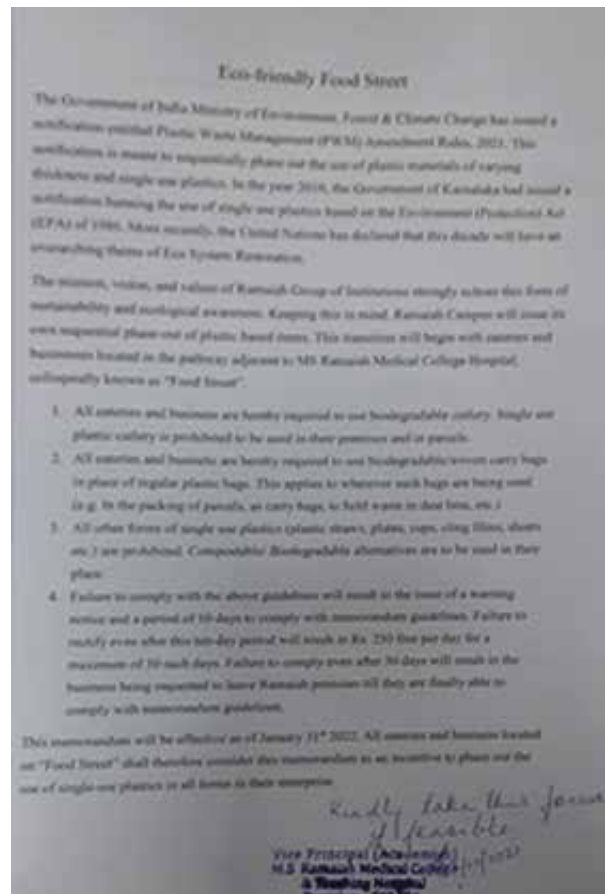
In this period, Eco club has expanded its student activities. These activities included increasing hostel green cover, waste segregation, ecological awareness posters, and a no plastic initiative for eateries on campus



Potted plants were placed throughout the corridors and entrances of Triveni and Nilgiri hostels



Wet and dry waste segregation has been implemented throughout Nilgiri Hostel. All wet waste from the hostel is being composted and is being used throughout the campus gardens.



A copy of the no plastic policy currently which will be implemented through all eateries on campus

## Proposed Activities

Organize seminars, debates, and popular talks on environmental issues.

- ✦ Campaign against plastics like carry bags, fireworks,
- ✦ Encourage recycling of glass and metals, filling of water body in the adjacent areas, reduction of noise pollution
- ✦ Field visits to environmentally important sites including polluted and degraded sites, wildlife parks, etc.
- ✦ Organize rallies, marches, human chains and street theatre at public places with a view to spread environmental awareness.
- ✦ Action based activities like tree plantation, cleanliness drives both within and outside the campus.
- ✦ Grow kitchen gardens, maintain vermin-composting pits, construct water harvesting structures in the campus, practice paper recycling into paper pouches etc.
- ✦ Prepare inventories of polluting sources and forward it to enforcement agencies.
- ✦ Maintenance of public places like parks, gardens both within and outside the campus.
- ✦ Food stall hygiene and inspection within the campus





**IT IS OUR  
COLLECTIVE AND  
INDIVIDUAL  
RESPONSIBILITY  
TO PRESERVE AND  
TEND TO THE  
WORLD IN WHICH  
WE ALL LIVE**

**- DALAI LAMA**





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