



RAMAIAH

Gnana Vahini

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ಎಲ್ಲಾ ಓದುಗರಿಗೂ ಹೊಸ ವರ್ಷದ ಹಾಗೂ ಸಂಕ್ರಾಂತಿ ಹಬ್ಬದ ಶುಭಾಶಯಗಳು



From the Editorial Team

The chill in the air was not sufficient to dampen the spirit and activities on the Ramaiah Campus. As usual, the month of December witnessed a flurry of activities and events on the campus. Continuing the tradition of Live well; Leave Well program of voluntary body donation movement, Abhinandana 2019 - Annual Voluntary Body Donors Meet was organized by the Department of Anatomy. An MOU signing ceremony was organized for "Assisted living Project", between the Ramaiah Group Chairman, Dr. M. R. Jayaram, & the Brigade Group Chairman & MD, Mr. Jaishankar. Several workshops and seminars were held on the campus to disseminate the knowledge and wisdom. The Ramaiah Medical College Institution Innovation Council (Formed under MHRD, Govt of India) organized a Workshop on Product Design / Design Thinking Workshop, Department of Paediatrics, Pedodontics, Preventive Dentistry -FDS, UAS, MCH. Hands-on Training on Clown Therapy by Mr.NIR RAZ-Medical clown, Israel, Department of Paediatrics, Department of Cardiology, Medical College in association with NCPIC2019 organized ECHMO Workshop at Advanced Learning Center, Department of Emergency Medicine, Medical College conducted the 4th Advance Trauma Life Support (ATLS) Provider Course. Dr. Sharath K R, Assoc. Prof. and joint surgeon along with Dr Ashok Kumar P, Prof and HOD of Orthopedics, organized Knee Replacement course in the Advanced Learning Center, with participants across the country.

The Interdisciplinary Community Orientation Program -2019 exposed the students to the nuances of rural life and the challenges of delivering health care in resource-constrained settings. Valedictory of the Inter-Disciplinary Community Orientation Programme witnessed presentations and experiences of the students from medicine, dental, physiotherapy, nursing and pharmacy. The Institute of Vascular Sciences conducted a CME and workshop on "Vascular and Diabetic Foot", at JJM Medical College, Davangere, in association with SS Institute of Medical Sciences and ASI, Davangere Chapter. The Department of Pediatrics, Medical College organized Micronutrient assessment and supplements. The State TB Cell in association with the Department of Microbiology and Community Medicine, Medical College organized State-Level Workshop for Medical Colleges in establishing DR-TB wards and AIC Guideline.

Keeping in mind the need for training and capacity building in managing fire accidents, Fire Safety Training, the programme was organized for faculty and students with the support of the Fire Service Department, Govt of Karnataka. The Ramaiah National Conference on Guidelines for Institutional Healthcare Delivery in India organized by the Public Policy Center

and Medical College. Dr. Somashekar A.R, Prof. and HOD, Dept of Pediatrics in association with the Bengaluru Adolescent Health Academy spoke on media addiction to parents and teens. He was the guest speaker at National TOT on Asthma Training Module, and held screening and education program at Sri Ayappa temple at Sri Rampuram. Dr. Karunakara BP, Professor, Pediatric Intensivist, Pediatric Allergy & Asthma Specialist, delivered a guest lecture on 'Challenges in the Management of Allergic Rhinitis in Children' at RAJPEDICON 2019, annual conference of IAP Rajasthan. Australian Physiotherapy Association in partnership with the University of South Australia, conducted the Sports Physiotherapy Course in our campus in association with the College of Physiotherapy.

It certainly was a memorable walk through the memory lane for the alumni celebrating their twenty-fifth alumni meet on the college campus. Alumni get-together meet of 1994-95 batch of Medical College

Our faculty once again made us proud with their achievements and awards. Ms. Radhika, the Statistician, Department of Community Medicine, received the Young Research Scholar Award from the Indian Society of Medical Statistics and delivered lecture series on the event. Ms. Lysamma Mathew, Nursing Superintendent, MH, received the coveted "Florence Nightingale Award-2019" from Sri. B. S. Yediyurappa, Chief Minister & Dr. C. N. Ashwath Narayan, Dy. Chief Minister, Karnataka, at the ceremony. Mr. Yatendra Kumar, CIO, received the was awarded the 'CIO of the Year' at Enterprise IT world CIO500 Conclave Awards. Internally, Department of Anatomy received the best Presentation award under the category of Pre & Para Clinical Departments in the Clinical Society Meetings for the year 2019. Ms. Shobitha, Daughter of Mr. Om Eshwar, PS to Principal, MC, won the bronze medal at the State Level Karate competition and won the Karate competition in State Level Kannada Rajyotsava Cup. We wish them all the best.

The December edition of Ramaiah Habba was hosted by the Institute of Technology, on 9th December, 2019 at Muralivana. The 3rd Annual CulMeet' 19 provided the right stage for the faculty and students on the campus to exhibit their amazing talents.

We take this opportunity to wish all the readers a very Happy and Prosperous New Year and Makara Sankranthi!

News in Pictures



Abhinandana 2019 - The Annual Voluntary Body Donors Meet, was held on 1st December, 2019, at the Medical College Auditorium.



The MOU signing ceremony for "Assisted living Project", was held on 6th December, 2019, between the Ramaiah Group & the Brigade Group



The Department of Paediatrics, Pedodontics, Preventive Dentistry -FDS, UAS, MCH, cordially invited Mr. NIR RAZ-Medical Clown, Israel, to share his innovative skills and visit the Paediatric Department on 2nd December, 2019, at the MH Auditorium. He has done Hands-on Training on Clown Therapy using entertainment, magic tricks, games and conversations, to ease the fears of children. He is an expert in training staff on "How to add humour when working with people" (mainly children).



The Department of Paediatrics, Department of Cardiology, Medical College, in association with NCPIC - 2019, organised ECHMO Workshop, at the Advanced Learning Centre, on 5th December, 2019.

News in Pictures



The Valedictory of Inter Disciplinary Community Orientation Programme (ID COP) 2019, was organized by the Department of Community Medicine, Medical College, in association with the Faculty of Dental Sciences, the Faculty of Pharmacy and the Institute of the Nursing Education and Research, held on 7th December, 2019, at the Medical College Auditorium.



The Ramaiah National Conference on Guidelines for Institutional Healthcare Delivery in India, organised by the Public Policy Center, and the Medical College on 20th December, 2019, at the Medical College Board Room saw participation from eminent medical professionals from several cities in the country. The focus is to come up with a final draft of recommendations towards framing of Medico-Legal guidelines for Healthcare Institutions in India.



Dr. Sharath K R, Assoc. Prof. and Joint Surgeon, along with Dr. Ashok Kumar P, Prof and HOD of Orthopaedics organised Knee Replacement Course in ALC on 6th December, 2019. 32 surgeons from all over country attended and performed Knee Replacement on cadaver. Dr. Sharath performed Knee Replacement in Teaching Hospital for demonstration purpose and it was transmitted to ALC, live for delegates.



The Institute of Vascular Sciences organised a CME and Workshop on "Vascular and Diabetic Foot" at JJM Medical College, Davangere, in association with SS Institute of Medical Sciences and ASI, Davangere Chapter on 7th December, 2019. Dr. Sanjay C Desai, Dr. Rajendra Prasad B and Dr. Luv Luthra had shared their views on advancements in Vascular and Endovascular surgery, followed by hands on workshop on Vascular and diagnostic tools, accompanied by Dr. Adarsh & Mr Tinku Varghese.



The Department of Emergency Medicine, Medical College conducted the 4th Advance Trauma Life Support (ATLS) Provider Course from 5th to 7th December, 2019, at the Medical Education Unit (MEU), Medical College.



The Management of Memorial Hospital had arranged a Leadership Workshop on "Building High Performance Teams" on 13th December, 2019, at Windflower Resort, Devanahalli.



The State TB Cell, in association with the Department of Microbiology and Community Medicine, Medical College, organised the State Level Workshop for Medical Colleges, in establishing DR-TB wards and AIC Guidelines, on 16th & 17th December, 2019, at the Council Hall, Medical College.



The Medical College Institution Innovation Council (Formed under MHRD, Govt. of India) organized a Workshop on Product Design / Design Thinking on 29th November, 2019, Need's Assessment, Innovative use of Technology, to address the felt needs-visit to the hospital/community on 14th December, 2019. Internal Idea contest has been organized for the students from 16th December to 15th January, 2020, at the Sushrutha Hall, Medical College. Dr. Lingaraju from Institute of Technology, Dr. Venkatesh D Prof., and Dr. Arun Kumar, Asst. Prof., Physiology were the resource persons.

News in Pictures



Fire Safety Training Programme, conducted by the Fire Service Department, Government of Karnataka, on 19th December, 2019, at Medical College.



The Australian Physiotherapy Association in partnership with the University of South Australia, conducted the **Sports Physiotherapy Course** Level 1 on 23rd and 24th December, 2019, was organized by the Department of Physiotherapy, MCH. Dr. Steve Milanese, Assoc. Prof. and Director of iCahe, UniSa, were the resource persons.



The **Alumni Get-together Meet** of 1994-95 batch of the Medical College was held on 28th December, 2019, at the Medical College Council Room.



Blood Donation Camp, held by the Department of Transfusion Medicine and Blood Centre at the Institute of Technology, on 5th December, 2019.



Dr. Somashekar A.R, Prof. and HOD, Dept of Paediatrics, was the guest Speaker at the **National TOT on Asthma Training Module**, held on 7th & 8th December, 2019, at the White Castle, Bengaluru. He conducted **Annual Health Screening and Education Program** at the Sri Ayappa temple at Srirampuram, in association with the Medical College on 22nd December, 2019. In association with Bengaluru Adolescent Health Academy, he spoke on **Media Addiction to Parents and Teens** at Vycharika Vedike at Subrmayanagar, Bengaluru on 15th December, 2019.



The Department of Paediatrics, Medical College, organised **Micronutrient Assessment and Supplements** at the Government School at Viveknagar, Bengaluru, on 11th December, 2019.



Dr. Karunakara B P, Prof. & Paediatric Intensivist, Paediatric Allergist & the Chief Organizing Secretary of NCPIC 2019, addressed the delegates, at the **NCPIC Conference**, held at Bengaluru. He also delivered a **Guest Lecture** on 'Challenges in the Management of Allergic Rhinitis In Children' at RAJPEDICON 2019.



Dr. Mallikarjuna HB, Professor of Paediatrics was selected and completed the WHO workshop on Quality Improvement in Paediatric Care on 3rd- 4th November, 2019, at AIIMS Delhi.



Mr. Bartholomeus Van Den Dool, a Medical Student from Groningen University, Netherlands, completed 2 months of Observership program, at MCH, under the International Student Exchange Program, MC.

Awards & Accolades



The record for removing the largest Polycystic Kidney (measuring 31cm x 13 cm) from a patient's body was set by **Dr. Puvvada Sandeep** of Bengaluru, Karnataka. He, along with his team of five doctors, performed Nephrectomy on a 47-year-old patient, suffering from Adult Polycystic Kidney disease, along with Chronic Kidney disease and removed the single left kidney weighing 7.2 kg in approximately 90 minutes on 28th August, 2019, at the MH, as confirmed on 30th November, 2019.



Mr. Yatendra Kumar, CIO, received the 'CIO of the Year Award' at the Enterprise IT world CIO 500 Conclave Awards India, held between 13th to 15th December, 2019 at New Delhi.



Ms. Radhika, Statistician, Department of Community Medicine, received the Young Research Scholar Award, from the Indian Society of Medical Statistics on 5th December, 2019. The award was presented by Dr. Prabhat Kumar Singh, Director, AIIMS, Patna.

Ms. Lysamma Mathew, Nursing Superintendent, MH, received the "Florence Nightingale Award-2019" from Sri. B. S. Yedyurappa, Chief Minister & Dr. C. N. Ashwath Narayan, Dy. Chief Minister, Government of Karnataka, at the ceremony held at Vikas Soudha on 12th December, 2019, organised by the Anglo Indian Unity Centre (Regd.) & Health & Family Welfare Services, Govt. of Karnataka.



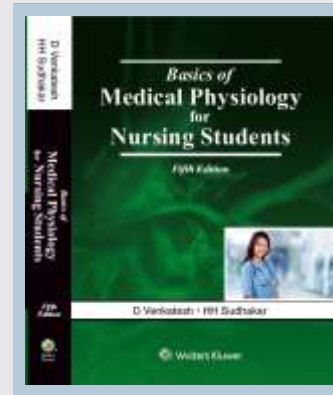
Congratulations to Ms. Lysamma and one more credit to Memorial Hospital



Dr. Kalaivani V., Associate Professor of Surgery, has taken over as the President of Surgical Society of Bengaluru, SSB ASICC.



Ms. Shobitha, Daughter of Mr. Om Eshwar, PS to Principal, MC, won the bronze medal at the State Level Karate competition, and won the Karate competition in the State Level Kannada Rajyotsava Cup.



The Fifth Edition of **Basics of Medical Physiology for Nursing Students** authored by **Dr. D. Venkatesh**, Professor of Physiology, Medical College, has been published by Wolters Kluwer during 2019.

Best Presentation Award

The Department of **Anatomy**, received the Best Presentation Award under the category of Pre & Para Clinical Departments; the Department of **General Medicine**, under the category of Clinical Departments; the Department of **Cardiology**, under the category of Super Speciality Departments; in the Annual Friday Clinical Society Meetings, for the year 2019.

Times Health Survey Lifestyle Hospital & Clinic Ranking Survey-2019

<p>5th Best Ophthalmology Hospital Among All India Multi Speciality Hospitals (National Level)</p>	<p>RAMAIAH Memorial Hospital</p>	<p>11th Best Dermatology Hospital Among All India Multi Speciality Hospitals (National Level)</p>
<p>13th Best Diabetology Hospital Among All India Multi Speciality Hospitals (National Level)</p>		<p>14th Best Orthopaedics Hospital Among All India Multi Speciality Hospitals (National Level)</p>

ಈ ಮಾಸದ ಹೆಮ್ಮೆಯ ಉದ್ಯೋಗಿಗಳು



2006ರಲ್ಲಿ ರಾಮಯ್ಯ ಮೆಮೋರಿಯಲ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಕರ್ತವ್ಯ ಪ್ರಾರಂಭಿಸಿದ **ಪಲ್ಲವಿ.ಡಿ.ಪಿ** ಪ್ರಸ್ತುತ ಸ್ಪಾಟ್ ನರ್ಸ್ ಆಗಿ ನ್ಯೂರೋ ಸೈನ್ಸ್ ವಿಭಾಗದಲ್ಲಿ ಕಾರ್ಯ ನಿರ್ವಹಿಸುತ್ತಿದ್ದಾರೆ. ಪಿ.ಬಿ.ಎಸ್ಸಿ ಪದವೀಧರರಾಗಿರುವ ಇವರು ವಿವಿಧ ತರಬೇತಿ ಶಿಬಿರಗಳಲ್ಲಿ ಭಾಗವಹಿಸಿದ್ದು 'ಉತ್ತಮ ಶುಶ್ರೂಷಕಿ' ಪ್ರಶಸ್ತಿಯನ್ನು ಪಡೆದಿರುತ್ತಾರೆ. ಇವರ ಪತಿ ಖಾಸಗಿ ಸಂಸ್ಥೆಯಲ್ಲಿ ಕೆಲಸ ನಿರ್ವಹಿಸುತ್ತಿದ್ದು, ಇವರಿಗೆ ಒಬ್ಬ ಮಗನಿದ್ದು ಮೂರನೇ ತರಗತಿಯಲ್ಲಿ ಓದುತ್ತಿದ್ದಾನೆ. ಓದುವುದು ಇವರ ಹವ್ಯಾಸ.



2006ರಲ್ಲಿ ರಾಮಯ್ಯ ಮೆಮೋರಿಯಲ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಕರ್ತವ್ಯ ಪ್ರಾರಂಭಿಸಿದ **ಮಂಜುಳಾ** ಪ್ರಸ್ತುತ ಸ್ಪಾಟ್ ನರ್ಸ್ ಆಗಿ ಕಾರ್ಯ ನಿರ್ವಹಿಸುತ್ತಿದ್ದಾರೆ. ಜಿಎನ್‌ಎಂ ಪದವೀಧರರಾಗಿರುವ ಇವರು ವಿವಿಧ ತರಬೇತಿ ಶಿಬಿರಗಳಲ್ಲಿ ಭಾಗವಹಿಸಿರುತ್ತಾರೆ.

2006ರಲ್ಲಿ ರಾಮಯ್ಯ ಮೆಮೋರಿಯಲ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಕರ್ತವ್ಯ ಪ್ರಾರಂಭಿಸಿದ **ಜಯಶೀಲ** ಪ್ರಸ್ತುತ ಸ್ಪಾಟ್ ನರ್ಸ್ ಆಗಿ ಕಾರ್ಯ ನಿರ್ವಹಿಸುತ್ತಿದ್ದಾರೆ. ಜಿಎನ್‌ಎಂ ಪದವೀಧರರಾಗಿರುವ ಇವರು ವಿವಿಧ ತರಬೇತಿ ಶಿಬಿರಗಳಲ್ಲಿ ಭಾಗವಹಿಸಿರುತ್ತಾರೆ.



2006ರಲ್ಲಿ ರಾಮಯ್ಯ ಮೆಮೋರಿಯಲ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಕರ್ತವ್ಯ ಪ್ರಾರಂಭಿಸಿದ **ಸೌಭಾಗ್ಯ** ಪ್ರಸ್ತುತ ಸ್ಪಾಟ್ ನರ್ಸ್ ಆಗಿ ತೀವ್ರ ನಿಗಾ ಘಟಕದಲ್ಲಿ ಕಾರ್ಯ ನಿರ್ವಹಿಸುತ್ತಿದ್ದಾರೆ. ಜಿಎನ್‌ಎಂ ಪದವೀಧರರಾಗಿರುವ ಇವರು ವಿವಿಧ ತರಬೇತಿ ಶಿಬಿರಗಳಲ್ಲಿ ಭಾಗವಹಿಸಿದ್ದು 'ಉತ್ತಮ ಶುಶ್ರೂಷಕಿ' ಪ್ರಶಸ್ತಿಯನ್ನು ಪಡೆದಿರುತ್ತಾರೆ. ಇವರ ಪತಿ ಫಾರ್ಮಾಸಿಸ್ಟ್ ಆಗಿ ಕೆಲಸ ನಿರ್ವಹಿಸುತ್ತಿದ್ದು, ಇವರಿಗೆ ಇಬ್ಬರು ಹೆಣ್ಣು ಮಕ್ಕಳಿದ್ದು, ಒಬ್ಬಳು ಯಾಕೆಜಿ ಓದುತ್ತಿದ್ದಾಳೆ. ಓದುವುದು ಮತ್ತು ಸಂಗೀತ ಕೇಳುವುದು ಇವರ ಹವ್ಯಾಸ.



Welcome



(From L to R) **Dr. Shabari Girishan K.V.**, Associate Professor, Neurosurgery. **Dr. Pradnya Devdas Shetty**, Senior Resident, OB&G. **Dr. Shailaja B.**, Senior Resident, Psychiatry.

Adios



(From L to R) **Dr. Mamatha B. Shetty**, Assistant Professor, OB&G., **Dr. Anagha R. Auradkar**, Senior Resident, General Medicine. **Dr. Prathibha K.T.**, Senior Resident, Anaesthesiology., **Dr. Harish B.V.**, Senior Resident, General Medicine., **Dr. Rakesh V. Reddy**, Senior Resident, Dermatology., **Mr. B.P. Ravindra**, Pharmacist, Administration.