



## 7th Convocation of RUAS

**R**amaiah University of Applied Sciences (RUAS) organised its 7th convocation on 16th, February, 2023. Overall 1866 students, including 14 PHD, one M Phil and one MS (Research), received their degree. Thirty-four students received Dr. M S Ramaiah Gold Medal for academic excellence, 33 bagged Smt. Venkatamma Ramaiah Silver medal and nine received Smt. Gowramma Ramaiah silver Medal for best dissertation.

Dr. G Satheesh Reddy, Scientific advisor to defence minister, was the chief guest at the ceremony. Dr. M R Jayaram, Chancellor, RUAS, M R Sreenivasa Murthy, Chief Executive, Gokula Education Foundation (Medical), Prof. Kuldeep Raina, Vice Chancellor, RUAS, Dr. G S Venkatesh, Registrar, RUAS, Dr. O P Kharbanda, Pro-Vice Chancellor, RUAS and deans of faculties were part of the ceremonial procession.

Dr. G Satheesh Reddy, in his inaugural speech appreciated the university's outstanding reputation for education across the country. He encouraged the graduates to take pride in this accomplishment and to strive hard to make a positive impact on society by achieving great things. "The country is fast-changing. Young people are working in multiple areas and start-ups are bringing 360-degree innovations", he added. He referred to this as a quantum jump, emphasizing the importance of being adaptable to the changing times and making the most of the opportunities that come their way.

Dr. M R Jayaram, Chancellor RUAS, emphasized that the world is constantly changing, and it is essential for young mind to stay updated and adapt to these changes in a holistic manner. He also encouraged the students by saying, "inspire yourselves and pursue your dreams with passion and determination."



Dr. M R Jayaram, Chairman, Gokula Education Foundation and Chancellor RUAS, called on the Hon'ble President of India, Droupadi Murmu in New Delhi.





**RAMAIAH**

January - February 2023

## Higher Education Research in India

**H**igher education research in India has been the backbone of the country's growth and development for many years. The Indian education system has been renowned for producing some of the best minds in the world, who have contributed to the betterment of society in numerous ways. The importance of research in higher education has been a topic of much discussion in recent years, and it is essential that we delve deeper into its significance and benefits.

Ramaiah group of institutions have been encouraging research and innovations as part of its founding principles. One of the primary benefits of research in higher education is that it promotes innovation and creativity. Research provides students with the chance to explore new ideas, theories, and concepts, and to test their validity. This leads to the development of new technologies, products, and services that can improve the quality of life for people around the world. Research also helps to address the various challenges and problems faced by society, and it provides students with a platform to contribute to the betterment of their communities. Towards this, a conducive ecosystem is being continuously evolved for achieving the optimal outcomes.

Ramaiah institutions are creating centres of research in various faculties and thrust is being given for interdisciplinary and multi-disciplinary research cutting across specialities and geographical boundaries.

The concept of interdisciplinary collaboration, which is essential for the development of a well-rounded and balanced society, is being nurtured. Research provides students with the opportunity to work with people from different backgrounds and disciplines, and to learn from each other. This leads to a greater understanding of the various fields and disciplines, and it encourages the development of new and innovative ideas. Interdisciplinary collaboration also helps to foster a sense of community and to promote the exchange of knowledge and ideas between students, faculty, and researchers through the national and international collaborations at the institution.

As our institution is celebrating the centenary year of the Founder Chairman Dr. M S Ramaiah in 2023, the setting is just right to bring all the resources together in unison for achieving the common good of the mankind through education, research and service.

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**Jnana Vahini**

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## Ramaiah Medical College Global Alumni Meet

A galaxy of top medical professionals from across continents gathered here and celebrated their success at the Ramaiah Medical College alumni meeting on 7th January, 2023 at Ramaiah Medical College. Dr. M R Jayaram, Chairman Gokula Education Foundation and Chancellor, Ramaiah University of Applied Sciences, M R Sreenivasa Murthy, Chief Executive, Gokula Education Foundation (Medical), Prof. Kuldeep K Raina, Vice Chancellor, RUAS, Dr. Shalini C Nooyi, Principal and Dean, Ramaiah Medical College, Dr. Ravi Gopal Varma, President, Ramaiah Medical College Alumni Trust, and other dignitaries apart from doctors around the world graced and recollected their campus stay at Ramaiah.



Group photo of former principals of Ramaiah Medical College with Dr. M R Jayaram, Chairman, Gokula Education Foundation and M R Sreenivasa Murthy, Chief Executive, Gokula Education Foundation (Medical)



The Ramaiah Medical College alumni meeting is an annual event that brings together graduates from all over the world. It provides a platform for alumni to network and share their experiences and insights with each other. The event is also an opportunity for the college to showcase its achievements and to strengthen its ties with the alumni. Ramaiah Medical College Alumni Associations is one of the biggest and has a permanent building for their activities.

The highlight of the event was the felicitation to the former principals who have made significant contributions to Ramaiah Medical College. Dr. S Kumar, Dr. Sandhaya B, Dr. Medha Y Rao, Dr. Saraswathi G Rao, Dr. Shivram, and Dr. A C Ashok were among the principals who were honored during the function. Many members of the association were honoured for their outstanding achievements in their respective fields and for their valuable contributions to the medical fraternity.



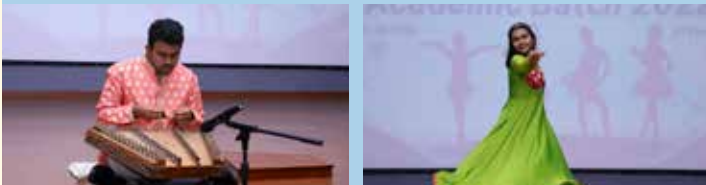
In-house Hospital NABH Training was organised for the hospital staff on 19th January, 2023 at Ramaiah Medical College



Department of Radio Diagnosis, Ramaiah Medical College organised a talk on Spine Neuroradiology by Dr. Shubhabrata Biswas - Consultant Neuroradiologist, Walton Centre for Neuroradiology and Neurosurgery, UK on 9th January, 2023 at Ramaiah Medical College.



The Ethnic day 2023 for the freshers at Ramaiah Medical College on 21st, January, was a vibrant and enthusiastic fair. The campus was adorned with colorful decorations. The freshers, dressed in their ethnic attire, participated in various cultural activities and programme with full zeal. The day was filled with musical performances, traditional dances and fashion show that showcased their talent. The ethnic day celebration was a memorable event for the newcomers.



## Republic Day Celebrations



Ramaiah University of Applied Sciences celebrated Republic Day at Ramaiah Medical College. Dr. Shalini C Nooyi, Principal & Dean, Ramaiah Medical College and Hospital, Prof. Kuldeep K Raina, Vice Chancellor, RUAS, Dr. K C Gurudev, President, Ramaiah Memorial Hospital, Dr. Hemanth, Registrar (Administration) and others were part of the celebrations.

Ramaiah International Medical School organised a farewell programme for the MBBS outgoing students. Dr. K C Gurudev, President, Ramaiah Memorial Hospital, addressed the outgoing students. Dr. Shalini Pradeep, Associate Dean, International Medical School and students took part in the event.





The department of Radiation Oncology organised a “Contemporary Management of Prostate Cancer” workshop on 12th & 13th of January, 2023. This hands-on cadaveric brachytherapy process is used as an educational tool for prostate-based malignancies and it is the first ever in the world. Prof. Peter Hoskin and Professor Peter Ostler, from Mount Vernon Cancer Center in Manchester UK, were resource persons for the workshop.

Center for rehabilitation in association with society of Indian Physiotherapists organised a workshop on Neuro Development Treatment in Adult Hemiplegia. Prof. Savitha Ravindra, Director, Dept. of Physiotherapy and others were present.



Department of Physiotherapy organized a 2-day workshop on Handling and Practical Intervention strategies in Paediatric practice in Ramaiah Memorial Hospital on the 11th and 12th February, 2023. It was a preconference workshop in collaboration with Society of Indian Physiotherapists. The resource person was Dr. Asha Chitnis, a senior physiotherapist. The workshop was organized to provide therapists with a comprehensive outline for assessment and management of sensory motor disorders.

Ram Kumar, IAS, Secretary, Health & MD-NHM, Govt. of Meghalaya, handed over a contract to Dr. Shalini C. Nooyi, Principal, Ramaiah Medical College and Dr. Nayanjeet Chaudhury, Director, RICPHI for capacity building of medical officers, nurses and program managers in techno-managerial and leadership skills across the state under the Meghalaya Health Systems Strengthening Project (MHSSP) supported by the World Bank. RICPHI will lead the implementation of the capacity building work in close collaboration with Ramaiah Medical College and the MHSSP team.



## Congratulations



Dr. Krishnamurthy Jayanna, Dean-FLAHS was honored the "Achanta Lakshmi pathi Oration (2021-2022)" by National Academy of Medical Sciences conference for his academic achievement in recognition of outstanding contribution in the field of Community Medicine.



Dr. Umesh K. Prof. HOD Radio Diagnosis is elected as the president of Indian Radiological and Imaging Association (IRIA) at all India level.



Dr. D Ramesh Prof. Dept. of Urology, received the "President's Gold Medal" in the Annual Conference of USICON on 2nd February, 2023



Dr. Sunil Furtado, HOD of Dept. of Neurosurgery was invited to talk on 'Scope of a Hybrid Neurosurgeon' at Sree Chitra Tirumala Institute of medical sciences and technology at Trivandrum.



Dr. Mahesh E, Prof. & HOD, Department of Nephrology, has been appointed as the Vice Chairman of the Southern Chapter of the Indian Society of Nephrology, on the occasion of ISNSCCON 2023 in Coimbatore.

## 3D Rangoli

"If you are curious, you will find puzzles around you. If you are determined, you will solve them"

- Erno Rubik



"It is quite challenging to solve a Rubik's cube, and creating this rangoli was no easy feat. However, as the saying goes, 'putting the pieces of the puzzle together in order to see the big picture', the process of making this 3D rangoli, is inspired by Rubik's cube, proceeded block by block on a 2.5 by 2.5 feet area."

This was created by Dr. Jyothi S Assistant Prot. Department of Physiology Ramaiah Medical College.



Department of General Surgery, Ramaiah Medical College postgraduate students attended state conference KSCASICON at Kalburgi. Dr. Pooja, won first prize in the Paper Presentation.

# Cosmetic Gynaecology: A new way of enhancing a woman's personality



**A** Cosmetic gynaecology is a relatively new concept. Plastic surgery procedures are common on the face and other parts of the body to make someone look and feel young. Rejuvenating a dry vagina, say, after childbirth, menopause is for better living in women's health.

Pregnancy, childbirth and ageing cause structural changes in the vagina like vaginal laxity, leakage of urine and gaping of external genitalia.

We, at Ramaiah Memorial Hospital, have been helping patients gain more confidence by doing a vaginal rejuvenation to make a woman feel more fit and normal. Since we now live in a society that accepts and participates in taboo topics of a woman's body, vaginal health is now discussed in more fore and family circles. It becomes easy for the doctor to understand what the patient wants and chalk out a plan for her.

Cosmetic gynaecology is the combination of procedure of non-surgical/ minor surgical procedures which leaves a faint scar. It is a simple procedure. It is non-invasive and painless. Treatments through laser, radiofrequency, injection of platelet rich plasma and creams are some of the procedures adopted. One does not have to be admitted in the hospital. You will be treated as an outpatient and you can go back home and relax.

However, a surgical procedure does happen when the vagina becomes lax after childbirth or due to ageing. Tightening of the vagina also becomes necessary if there

is a frequent infection in the urinary tract, sexual dysfunction and urine drops during coughing. You need to consult a doctor when you have irritation and pain in the vagina due to excessive sweating.

**In short:**

**When do you consult a cosmetic gynaecologist?**

- If you feel your vagina is lax after childbirth
- If there is any discomfort or burning sensation in your vagina.
- If there is an odour or soreness in the vaginal area
- If you tend to leak urine when you cough/sneeze/laugh/cycle/lift heavy weights
- If you suffer from a prolapsed uterus
- If you have pain during intercourse
- If there is vaginal bulging and vaginal discharge

These conditions generally occur due to tissue ageing and laxity, menopause, pregnancy and childbirth, low oestrogen and lifestyle habits like smoking and alcohol and obesity.

**We treat with**

- Laser
- Radiofrequency
- Injection PRP

We, at Ramaiah Memorial Hospital, have these facilities to make a woman more self-assured and empowered.



**Dr. Manjula. N. V.**  
Consultant, Obstetrics & Gynecology  
Ramaiah Medical College and Hospitals



# Shape your dream nose with Rhinoplasty

## What is Rhinoplasty?

Rhinoplasty is a surgery that changes the shape of the nose. The motivation for rhinoplasty may be to change the appearance of the nose, improve breathing, or both.

The upper portion of the structure of the nose is bone, and the lower portion is cartilage. Rhinoplasty can change bone, cartilage, skin or all three. The size and relationship of the bone and cartilage determine the size and shape of the nose. Rhinoplasty can be used to reduce the size of the nose, change the shape of the tip or the nasal bridge, narrow the opening of the nostrils, change the angle between the nose and upper lip, correct a birth defect or injury, or help to relieve nasal breathing problems.

Each surgery is unique and customized for the specific anatomy and goals of the patient.

## Who may benefit from a Rhinoplasty?

- Bumps on the nose
- Drooping tip
- Widened bridge
- Nostril size discrepancy
- The disproportionate shape of the nose
- Correction of a birth defect
- Deformity from a previous injury

It is preferred to wait until the nasal bone has finished growing, around the age of 18 years, to make any changes to the nose.

## What to expect at your first clinic visit:

The plastic surgeon will speak to you and gain information and insight into what you feel you would like to improve in your nose. We will ask you questions on whether you have headaches, cough, cold, nasal congestion and will dive deeper into what exactly you hope to see after surgery. Then, we schedule the surgery on a day that is convenient for you.

## What are the risks for a Rhinoplasty?

- As with any major surgery, Rhinoplasty carries risks such as :

- Adverse reaction to anaesthesia
- Bleeding
- Infection
- Other possible risks specific to Rhinoplasty include:
- Difficulty breathing through your nose
- The possibility of an uneven-looking nose
- Pain , discoloration, swelling that persists
- Scarring
- Need for additional surgery
- What are the preoperative procedures?
- Routine blood and urine test
- Cardiac work up

## What to expect the day before the surgery?

You will get admitted the evening before the surgery. We ask that you take a head bath in the evening. Your surgeon will meet you and take some preoperative photos. We will tell you to not eat or drink after dinner so that your post-anaesthesia time is well tolerated. We will remind you that after the surgery, you will have a pack in the nose and will have to breathe through your mouth immediately after the surgery.

## What to expect on the big day?

You will take a bath in the morning. We ask that you use no face oils or makeup and that you keep your hair tied up in a knot at the top of your head. Remember, no morning coffee or water today. You will then be taken to the operating room an hour before the procedure and we will meet you there.

## What will happen during the surgery?

General anaesthesia: you will receive the drug by inhaling it or through an iv line in your hand. General anaesthesia affects your entire body and causes you to be unconscious during the surgery. You will need a breathing tube, which will be removed at the end of the surgery.

Rhinoplasty may be done inside your nose or through a small external cut at the base of your nose between your nostrils. Your surgeon will readjust the bone and cartilage underneath your skin. The surgeon can change

the shape of your nasal bones and cartilage in several ways. For small changes, the surgeon may use cartilage from deeper inside your nose or from the back of your ear. For larger changes, the surgeon can use cartilage from your rib or implants. After these changes are made, the surgeon places the nose's skin and tissue back and stitches the incision in your nose.

After the surgery, you will be in a recovery room where the staff monitors your return to wakefulness.

**What can I expect after my surgery is done?**

After the surgery, you need to rest in bed with your head propped up. Your nose may be congested from the nasal pack placed, so you will have to remember to breathe through the mouth. One of the most important things is to keep ice packs close and continuously place them over the cheeks to reduce any bruising or swelling. The next morning, we will slowly wet the pack with a local anesthetic and gently remove the pack, followed by steam inhalation and nasal drops. You will have the splint still over your nose when you go home.

**What care should one take at home?**

- Avoid strenuous activities such as the gym or running.
- Do not wet the face and hair, a head bath can be done in spa style with the hair in a bowl behind you

- Care for the nasal dressing by keeping it dry and secure. If for any reason, the nasal dressing comes loose, please get in touch with your surgeon.
- Multivitamin tablets should be taken daily to help with the healing process
- You will continue steam inhalations and nasal drops
- You will take a five-day course of oral antibiotics as well
- After one week, you will visit the surgeon for suture removal and inspection.

**When can one see the result?**

You will see a change once the nasal dressing is removed. However, it will take a period of 6 months to one year to fully visualize the result due to swelling.

At Ramaiah Memorial Hospital, we care for you like our own.



**Dr. Venkatesh M S**  
Hod & Consultant Plastic Surgeon  
Ramaiah Medical College and Hospitals



Dr. Lia Sara, Dr. Rahul, Dr. Rakesh, Dr. Akshay Nephrology Post Graduates won in Poster presentation at ISNSCCON 2023.



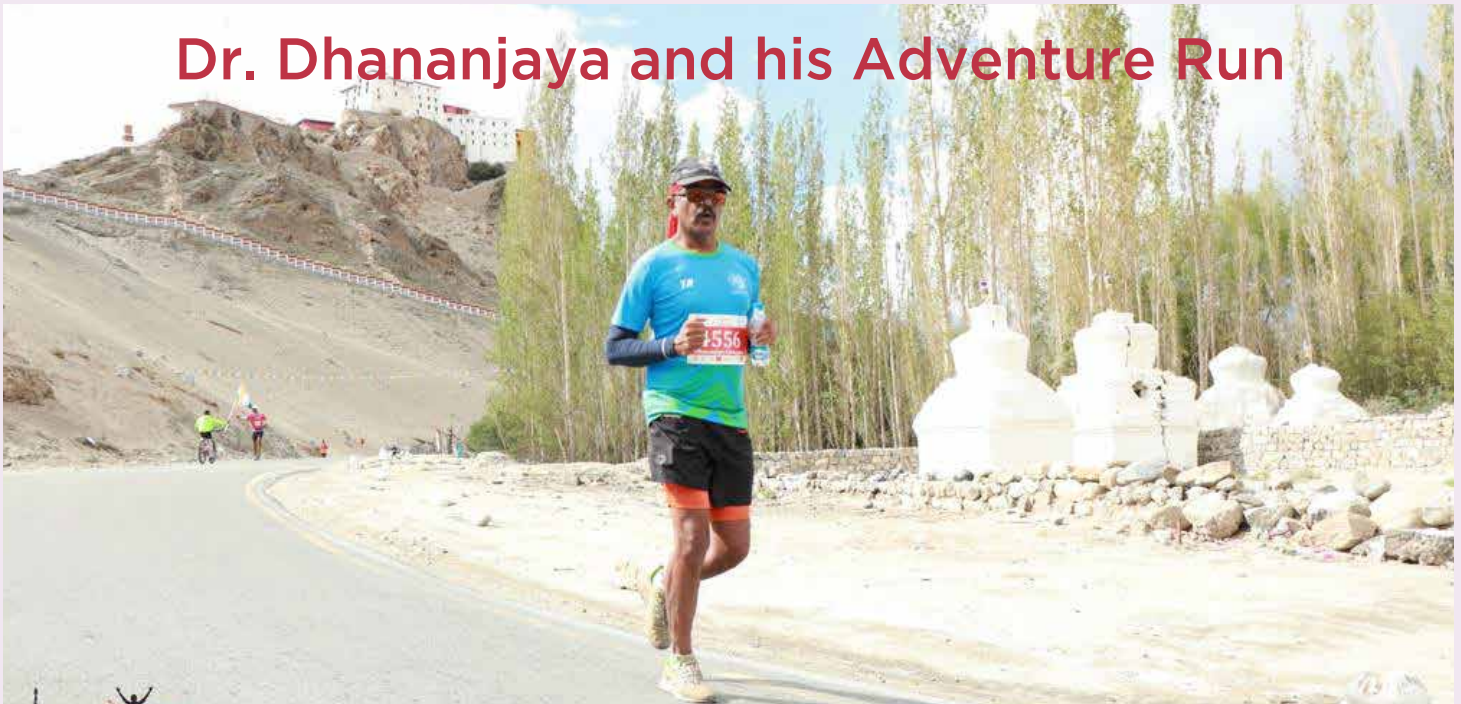
The Community Medicine Department organised a presentation for the students from Ghent University, on 4th February. Dr. Shalini C Nooyi, Principal and Dean, Ramaiah Medical College, Dr. Lalitha, HOD, Dept. of Community Medicine and others were present.

## Kudos to the team Cardiology The Saga of 50th Heart Transplant



Ramaiah Narayana Heart Centre has achieved a significant milestone by successfully completing its 50th heart transplant surgery. A 42 years old, male patient had been suffering from end-stage heart failure for several months and was in need of a suitable donor heart. An 18-year-old boy who was declared brain-dead in a road accident donated his heart. The Surgery was successfully conducted by the team, led by Dr. Nagamalesh U M, Head of Cardiology, Ramaiah Narayana Heart Centre and Dr. Ravishankar Shetty, Chief Consultant Cardiothoracic Surgeon.

## Dr. Dhananjaya and his Adventure Run



In 2016, I began my journey as a runner and have since completed numerous marathons and ultra-marathons. However, my recent participation in the World's highest marathon held in Leh, at an altitude of 11,555 feet, was a unique and challenging experience, where I ran 42.2 km. As a chronic asthmatic patient, the decreased oxygen levels at such high altitudes made me apprehensive. The route itself was scenic, with stunning

views of the mountains, valleys, and even military establishments. Despite the challenging terrain, I was able to complete the marathon in a time of 5:13:01. Participating in the Ladakh marathon was an incredible experience, and one that I would recommend to anyone looking for a unique and fulfilling challenge.

**Dr. Dhananjaya G is Prof. &  
Head Faculty of Dental Sciences**

## Outreach Program



Ramaiah Memorial Hospital organised Covid Vaccination Camp at Bharat Petroleum Corporation Limited. Shobha Devi and Seema Rao coordinated the event.



Ramaiah Memorial Hospital organised Health Check-up at SLK Software for their School Children.

Ramaiah Memorial hospital organised a Health talk at Brigade Parkside on Assisted Living on Mental well-being and Loneliness for elders by Dr. Murali Thyloth, Prof. HOD Department of Psychiatry.



Ramaiah Memorial Hospital organized a program on Mind Wellness for The Society for Integrated Circuit Technology and Applied Research, which is a wing of DRDO. Dr. Murali Thyloth, Prof. Head of Psychiatry addressed the gathering. Ms. Shobha Devi and Ms. Seema Rao coordinated the event.

## International Cadaveric Vascular Course

ICVC - International Cadaveric Vascular Course was organized by The Departments of Vascular Surgery, Ramaiah Medical College, in association with National University Health System, Singapore, the second edition of ICVC workshop at Singapore on 10th and 11th February 2023. It was a two-day course, which equipped attendees with the best practices on management of aortic disease for South-East Asian population, with a full day hands-on and guided dissection session using fresh frozen cadavers.

Dr. Sanjay C Desai, Prof. & HOD Dept. Vascular & Endovascular Surgery and Director of ALC was one of the resource person.



Dept. of Vascular Surgery in association with NUHS Singapore completed the second edition of ICVC workshop at Singapore on 10th and 11th February 2023.

Dr. Thilak M S & Dr. Anjali P U, Junior Residents from the Department of Emergency Medicine, Ramaiah Medical College won first place in the Poster Presentation at AEME 2023 conference.



Paediatric Surgery Day was celebrated to spread awareness of child health issues, including early detection and treatment of childhood malignancies and congenital anomalies. During the event, Dr. Narendra Babu, a professor at IGICH, demonstrated a case of Vesicoscopic Ureteric Re-implantation, which was the first of its kind performed at Ramaiah Hospitals.

Department of Physiotherapy organized a 2-day workshop on Sensory Integration in Ramaiah Memorial Hospital on the 21st January, 2023. The resource person was Dr. Ushma Goradia. The workshop was organized keeping in cognizance the increase in incidence of sensory, autism and ASD disorders post pandemic. The workshop aimed to sensitize paediatric physiotherapists to screen, identify and manage children with these disorders.



## Responding to Emergency



**A** medical emergency can occur to anyone anywhere at any time. These are two ways a common man can actively respond to emergencies and help save victims' lives. Ramaiah Emergency Acute Care Training will help you learn lifesaving skills today. Join us in saving lives.

### ACTIVE BLEEDING CONTROL (ABC)

India accounts for the highest number of global deaths in road accidents. On average, 1,50,000 people become victims of road accidents according to the statistics given by Road Transport and Highway ministry. The percentage of fatalities between the ages of 15 and 45 years stood at 69.80% for the year 2020.

An accident victim with life-threatening bleeding can die before reaching a medical centre. As a witness and a bystander to the incident, each one of us should be trained to actually control the external bleeding, a lifesaving skill till medical aid arrives/victim is shifted to a medical faculty. There are three types of bleeding. Arterial bleeding causes the spurting of bright red blood with each heartbeat of the victim. It is usually the cause of most severe blood loss. Venous bleeding occurs due to damage to veins and can cause rapid blood loss. Capillary bleeding usually causes minor blood loss due to the trickling of blood from capillaries.

The Emergency Department of the Ramaiah Medical College in collaboration with the University

of Pennsylvania Institute, Paediatric Simulation Training and Research Society, (pediSTARS), GVK Emergency Management Research Institute along with Dr. Vinay Nadkarni, Medical Director of the Institute of Simulation and Advanced Education and innovation at Children's Hospital of Philadelphia have launched the "Active Bleeding Control" (ABC) training programme in Bangalore, Karnataka.

ABC programme is designed to empower bystanders to be equipped to help a victim with a bleeding wound till professional help arrives or is available. In this hands-on interactive training, one learns to identify life-threatening bleeding, how to appropriately apply a compression dressing, wound packing for continued bleeding wounds in spite of compression and as a last resort tourniquet application to stop the uncontrolled bleeding. By learning these three quick steps of compression-packing- tourniquet application, one can effectively control external bleeding in someone with life-threatening bleeding. Unlike external bleeding, internal bleeding can be equally serious. One should be aware of the signs of shock and ensure the victims reach a medical centre well within the golden hour.

Active Bleeding control conducted by the Emergency Department of Ramaiah Memorial Hospital is a training program similar to the "Stop the Bleed" campaign in the USA. This training was started to make the citizens better prepared to save the lives of victim who has severe bleeding wounds. By taking the course one can become empowered to make a difference when a bleeding emergency occurs and one can save a life by ABC.



**Dr. Aruna Ramesh**  
Department of Accident and Emergency  
Ramaiah Medical College and Hospitals

**WELCOME**



**Dr. Sudharshan S Murthy**  
Senior Resident  
General Surgery



**Anjana S Nair**  
Assistant Professor  
(Biostatistics)  
Community Medicine



**Dr. Sriram Manchikanti**  
Assistant Professor  
Vascular Surgery



**Dr. Arun Bhatti**  
Associate Professor  
Ophthalmology



**Dr. Betu Rama Soujanya**  
Senior Resident  
Microbiology



**Dr. Vignesh Narayan R**  
Senior Resident  
Dermatology



**Dr. Prashanth Nagaraj**  
Assistant Professor  
Orthopaedics



**Dr. B.U.Shubhankar**  
Senior Resident  
Orthopaedics



**Dr. Lakshmi Priya R**  
Assistant Professor  
Neurology



**Dr. Atira Mirza**  
Senior Resident, Pathology

**SEPARATED**



**Dr. Navin Kumar K**  
Senior Resident  
Anaesthesiology



**Dr. Sanjeev Vikram Shetty**  
Assistant Professor  
General Surgery



**Dr. Rishika Jandial**  
Senior Resident  
Anaesthesiology



**Dr. Ram Charith Alva**  
Associate Professor  
Radiation Oncology



**Dr. Sindhoor**  
Senior Resident, Pathology



**Dr. Prathap Kumar J**  
Associate Professor, Anatomy



**Dr. Prashanth Nagaraj**  
Assistant Professor, Orthopaedics



**Dr. Nazeer Dhaheera Dheeshan**  
Senior Resident  
Community Medicine

# Millets to Palate



**F**aculty of Hotel Management and Catering Technology of Ramaiah University of Applied Sciences in association with Karnataka State Department of agriculture organised Smart Food Culinary Symposium on Millets 2023 on 11th January, 2023 at Ramaiah Campus.

This Smart Food Culinary Symposium on Millets was organised to celebrate the goodness and versatility of the millets, which has taken food fans by storm. This event featured a wide range of innovative dishes made with millet - from traditional millet-based Indian delicacies like idlis and dosas to global fusion dishes like millet burgers and pizza.

This was an exciting event that was set to showcase the immense potential of millets as a healthy and nutritious food option. The Aim of the event was to discuss the most effective ways to introduce millets into menus of commercial establishments, create trends and influence consumers.

The team of competent chefs prepared and displayed around 50 traditional and innovative dishes with the different varieties of millets, and this was served in a village ambiance. It was an exciting event that was set to display the immense potential of millets as a healthy and nutritious food option. It was a great opportunity and has greatly beneficial to our students.