



Dept. of Emergency Medicine A Lifeline at Ramaiah Hospitals

At Ramaiah Hospitals, the Emergency Medicine Department (EMD) stands as a beacon of hope and resilience, offering 24/7 life-saving care for individuals facing acute illnesses or traumatic injuries.

Adding another feather to the cap of achievements the emergency medicine wing at Ramaiah Medical College & Hospital has been awarded with NABH certification. It is the first department in our campus to get the standalone NABH certification. This recognition is for its unwavering commitment to excellence. The department thrives on innovation, rapid response, and seamless integration of advanced medical practices.

The EMD operates on four verticals, ensuring a holistic approach to emergency healthcare:

- Point-of-Care Diagnostics: Rapid and precise identification of medical conditions.
- Expert Consultations: Immediate access to specialists.
- Connectivity Across Medical Infrastructure: Coordination with both private and government facilities.
- Integrated Telemedicine Services: Extending quality care beyond physical barriers.



This infrastructure facilitates timely and effective treatment, regardless of the patient's geographic location, economic status, or severity of their condition through service known as RACES (Ramaiah Advanced Comprehensive Emergency Services).

India's emergency medicine landscape is in anxious state of challenges such as road traffic accidents (RTAs), acute myocardial infarctions (AMIs), strokes, and poisonings, leading causes of death and disability. To combat these, Ramaiah EMD has launched innovative initiatives like REACH (Ramaiah Emergency and Comprehensive Healthcare).



At the heart of Ramaiah EMD's success lies READER (Ramaiah Emergency Academic Development & Emergent Research)—a state-of-the-art simulation and training center. Designed to meet the dynamic needs of India's healthcare system, READER prepares doctors, healthcare workers, and first responders for real-world crises, including disaster management and mass casualty events.

Ramaiah EMD's REACT (Ramaiah Emergency Advanced Comprehensive Training) initiative underscores the importance of a team-based approach in emergency management. It covers every phase, from dispatch and retrieval to triaging, resuscitation, and rehabilitation. This comprehensive framework ensures optimal, cost-effective care and builds a strong foundation for an efficient national emergency response system.

Through collaborations with prestigious institutions like the University of Illinois, the University of Pennsylvania, and ICMR, these programs focus on building community awareness, enhancing accessibility, and equipping healthcare workers with the skills to manage emergencies effectively.

With its dedication to patient-centric care, Ramaiah Hospitals' Emergency Medicine Department is redefining emergency healthcare in India. By integrating cutting-edge technology, fostering global collaborations, and prioritizing education and training, the department not only saves lives but also inspires a robust, future-ready healthcare ecosystem.



RAMAIAH

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Advancing Health Care Through Dedication and Innovation

As we reflect on the highlights of November, it becomes evident that Ramaiah Medical College and Hospitals stand at the forefront of healthcare excellence, blending cutting-edge innovation with compassionate care. This month's newsletter is a celebration of milestones achieved and the unwavering commitment of our faculty, students, and departments toward redefining healthcare standards.

We begin by applauding the Emergency Medicine Department for earning the NABH certification—the first standalone recognition of its kind on our campus. Their robust ecosystem of initiatives like READER, REACT, and REACH exemplifies a comprehensive approach to emergency healthcare, ensuring that every patient receives timely and effective care. This achievement echoes the department's vision of a future-ready emergency response system, laying a foundation for scalable models across the nation.

November also saw groundbreaking contributions across various specialties. From Dr. Divya Nagabushana's expertise in neurology to Dr. Ranjith Viswanath's heartwarming public health narrative, our community continues to shine. Faculty accomplishments at international and national conferences reflect our institution's dedication to clinical excellence and academic rigor. Furthermore, the vibrant participation in events like the South Zone CME for Respiratory Medicine and World Diabetes Day demonstrates our commitment to fostering knowledge exchange and community engagement.

Our student corner highlights the achievements of young minds who are carrying forward our legacy of excellence. Their accolades, spanning from innovative research presentations to quiz competitions, reaffirm the future's promise.

This issue also sheds light on critical healthcare challenges, such as drug-resistant epilepsy. It is imperative that we, as a community, collaborate across disciplines to drive accessible, cost-effective solutions while advocating for awareness and inclusivity.

Finally, Dr. Ranjith Viswanath's award-winning blog beautifully encapsulates the essence of public health—going the extra mile, not just for treatment but for trust, understanding, and hope. His story is a poignant reminder of the transformative power of empathy in healthcare.

As we look ahead, let us remain steadfast in our mission to excel in patient care, education, and research. Together, we are building a healthier future, one achievement at a time.

Dr. Divya Nagabushana, Asst. Prof, Dept. of Neurology, completed clinical fellowship in epilepsy and advanced EEG at the University of Illinois, Chicago. She is board-certified in clinical neurophysiology and epilepsy monitoring.



Dr. N V Manjula, Assoc. Prof, Dept of OBG was a faculty at Aesthetic Gynaecology work shop. She gave a talk on 'Erbium Laser In vaginal laxity'. She was also a panalist in setting up of Aesthetic Clinic at 34th KSOGA state conference at Hassan on 8th - 10th November, 2024.



Dr. Karunakara B P, Prof, Dept. of Paediatrics presided the MEDICON 2024 as IMA KSB state Secretary.



Dr. Yashavanth Kumar was a faculty at Bengaluru Knee Conference on 9th November, 2024. He spoke on Ligament Reconstruction after Knee dislocation and attended Moderna's session on PLC Reconstruction.



The faculty members : Dr. Narayana Swamy, Dr. Srikantaiah H C and Dr. Sreekar Pai of the Department of General Surgery participated in a case presentation sessions at BMCRI, Benagloru in the annual CSEP -2024.



Dr. Jyothi G S, Prof. & HoD Dept. of OBG was a faculty member in the Manyata workshop of FOGSI for Skill Transfer for Frontline Workers on 8th November, 2024. She also chaired a session at the 34th Karnataka State Obstetrics and Gynaecology Association (KSOGA) 2024 Annual State Conference at Hassan Institute of Medical Sciences on 8th to 10th of November 2024.



Dr. Ananth Ram, Asst. Prof, Dept. of Community Medicine was awarded for Best Oral Scientific Presentation Award at the state conference of Karnataka Association of Community Health (KACHCON 2024) at JSS Medical College, Mysuru.



Dr. Somashekar A R, Prof. Dept. of Pediatrics, spoke on Lung Abscess in Children at the National Respicon 2024.



Dr. Janaki, Prof. & HoD Dept. of Radiation Oncology gave a talk on cancer screening and awareness programme at the Swastha Karnataka Health Expo.



The Department of Endocrinology, organised a walkathon and awareness programme on World Diabetes Day 2024 at Ramaiah Memorial Hospital and Ramaiah Medical College on 14th November 2024. Students and the faculty members of the department participated in this walkathon.



The residents have achieved remarkable success at the Annual National Conference of the Indian Society of Anaesthesiologists (ISACON24) in Patna. Dr. Nishitha secured the 1st prize in KOP's Clinical Pharmacology, Dr. Namratha won the 1st prize in Critical Care, Dr. Veena won 2nd prize in Clinical Pharmacology, and Dr. Roshika won the 3rd prize in Neuroanaesthesia.



Dr. Ravikumar T V, Prof. & HOD, Dept. of Orthopaedics gave a talk and chaired a scientific session on Endoscopic spine surgeries at CIMS colleges Chamarajanagar.

Dr. Sunil Furtado, Prof. & HoD Dept. of Neurosurgery was an invited speaker at the Swastha Karnataka Health Expo. Dr. Furtado spoke on stroke management.



The 17th South Zone CME for Postgraduates of Dept. Respiratory Medicine was organized by Ramaiah Medical College on 16th November, 2024.

This highly anticipated event brought together 213 registered participants, including postgraduate students, distinguished speakers, and expert chairpersons from the states of Karnataka, Andhra Pradesh, and Telangana. The CME covered a wide array of topics, focusing on both foundational and cutting-edge aspects of respiratory medicine. Unique sessions on Lung Ultrasound and Cardiopulmonary Exercise Testing were particularly well-received for their direct applicability to clinical practice.

Dr. Shabari Girishan, Assoc. Prof. Dept. of Neurosurgery presented the team's work on Vagal Nerve Stimulation for Epilepsy in Children at the National conference on Neuromodulation.



Dr. Dinesh Rajaram, Prof. Dept. of Community Medicine attended the "4th International Conference on Nutrition and Health care" as a speaker at Bangkok on 11th and 12th November, 2024. He gave a presentation on an assessment of nutritional status among 0-18 years in select Bruhat Bengaluru Mahanagara pallike [BBMP] wards of Bengaluru.



Ramaiah Medical College (MEU) conducted the Mock NEET PG Exam for the 2024-25 batch of interns on 12th November, 2024.

Challenges of Drug-Resistant Epilepsy in India

Globally, around 50 million people suffer from epilepsy, among whom 10–12 million live in India. Epilepsy has the highest incidence in the pediatric age group, which is estimated to be around 41 to 187 per 100,000 person-years. Seizures in 60-70% of patients with epilepsy can be controlled with 1 or 2 anti-seizure medications. Despite the best efforts for controlling seizures with the variety of antiseizure medications available today, approximately 20-40% of individuals with epilepsy have drug-resistant epilepsy. Persons with drug-resistant epilepsy face a life of constant uncertainty with severe restrictions in their day-to-day activities, poor quality of life, neurocognitive decline, psychiatric comorbidities, and risk of death due to sudden unexpected death in epilepsy (SUDEP), uncontrolled prolonged seizures (status epilepticus), accidents, and injuries.

Managing drug-resistant epilepsy requires detailed epilepsy video EEG monitoring, neuropsychological testing, genetic screening, intracranial EEG recordings like stereoelectroencephalography (SEEG), and presurgical mapping using a host of diagnostic imaging such as PET, SPECT, and functional MRI. Delineating the brain area where the seizures arise based on the EEG and EEG source localization using multimodality EEG and imaging integration software is an integral part of the assessment. Apart from surgical management, neuromodulation is often used in the management of drug-resistant epilepsy. Neuromodulation with vagal nerve stimulation, deep brain stimulation, and responsive

neurostimulation are employed to ameliorate the seizure intensity and frequency. However, responsive neurostimulation is a technology not yet available in India. The tests for diagnosis and surgical techniques (such as robotic stereotactic assistance, laser interstitial thermal therapy, and radiofrequency ablation) and neuromodulation techniques are not readily available in most centers. They are also expensive and beyond the reach of many individuals in India.

Considering the magnitude of drug-resistant epilepsy in our country, it is important to provide access to the best care for our people and develop innovative, cost-effective techniques that can achieve the same or better results. Cities in India, like Bengaluru, are well positioned for such advances to happen through collaborations with the thriving information technology and tech sector. Physicians and practitioners need to be aware of drug-resistant epilepsy, advances in the field, and the dangers of uncontrolled epilepsy. There need to be more educational/awareness programs to end the stigma surrounding epilepsy among the general population. Supporting and accelerating public advocacy to support and bring changes in policies to improve the rights of persons with epilepsy is also pertinent to better the quality of life.

Dr. Divya Nagabushana

Assistant Professor
Department of Neurology





Dr. Radha, Dept. of Anaesthesia spoke on 'Invocation at Neuromodulation' at TNS Congress a National conference in Bengaluru.

Dr. Poojashree, Asst. Prof. Dept. of OBG won 2nd prize in paper presentation at Gnanavarsha 2024. Her paper titled 'Robotic in Gynaecology-our experience in benign'.



Medical Education Unit organized NMC Curriculum Implementation Support Program (CISP)-III on 19th & 20th November, 2024.



Dr. V S Prakash, Prof. & HOD, Dept. of Cardiology was invited as faculty speaker at KMC, Manipal in the Crystal jubilee Manipal Cardiology Update 2024.



The Department of Microbiology organised World Antimicrobial Awareness week 2024 by poster presentation competition.



The Department of Dermatology organised 2nd PG ALUMNI CME programme on 24th November, 2024. The CME was organised under the guidance of Dr. T K Sumathy, Senior Professor and Dr. A L Shyamprasad, Adjunct Professor in the Department of Dermatology. The event was inaugurated by Dr. Shalini C Nooyi, Principal and Dean Ramaiah Medical College Hospital and Dr. A G Prathab, Registrar Academics, Ramaiah Medical College.



Rammaiah Medical College & Hospital conducted a meeting with ASHA Workers on 27th November, 2024.

Congratulations Doctor



Dr. Mahesh, HoD, Dept. of Nephrology was delivered Dr. M K MANI Oration at AIMS.



Dr. Sujani B K, Prof. and Dr. Jyothi G S, HoD, of Dept. of OBG participated as Panelists for the topic on R H incompatibility in Pregnancy at the BSOG Gnanavarsha annual Conference on 23rd & 24th of November, 2024



Dr. Pramila Kalra was awarded FAMS (Fellow of National Academy of Medical Sciences) at NAMSCON 2024 at AIIMS Jodhpur.



Dr. M G Janaki, Prof. Dept. of Radiation Oncology delivered an excellent talk on Endometrial Cancer at 44th Annual Conference of Association of Radiation (ICRO CME) Oncologists of India at Mangaluru.

Priyanka Ojas Oza and Hitha Chitlur won 2nd Place in "Dissect & Direct" a dissection competition conducted by Bangalore Medical College as a part of PANACEA 2024.



Dr. Meghana Reddy won best poster for her poster titled Anterior Segment OCT in mature cataracts: When the curtain falls” at AIOS midterm conference 2024 in Dehradun.



Dr. Alfiya won second place for E-poster presentation at Cuticon 2024 at the STATE conference in Chitradurga.



Adithya S and Advait N Rao won 3rd place in the pre and para clinical quiz at Panacea 2024 at Bengaluru Medical College on 6th November, 2024.



Dr. Dron Sharma, Dept. of Urology secured 1st prize in Dr. Dilip Adappa Best Paper Award session in Annual Karnataka state Urology Conference KUACON 2024 on 8th to 10th November, 2024.



Abhinav Saimadhav Yenamandra won 2nd Place in “Lumina: Research Proposal Presentation” under the guidance of Dr. Zainab, Department of physiology, at Panacea 2024 at Bengaluru Medical College and Research Institute on 7th November, 2024.

Dr. Swetha, Asst. Prof, Dept. of OBG and Dr. Ruchitha S R Dept. of OBG won first and second place in the zonal level of IMS Quiz on 26th November, 2024.



I held you close, like dawn holds night,
Clinging to shadows, begging for light.
But love seemed like the tide
Sometimes it stays, sometimes it hides.

Your beautiful eyes remain in my heart,
Echoes of our laughter that used to last.
Seasons have to change, petals have to fall,
Teaching me, to loosen my grip.
Our love, pulled me together, tore me apart.
A bitter smile, a soft goodbye.
With memories stitched into my soul.
No longer yours, I stand alone,
In letting go, I've broken my own.

- Shreya Singh

ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವ - 2024

ಬಾರಿಸು ಕನ್ನಡ ಡಿಂಡಿಮವ
ಸಿರಿಗನ್ನಡಂ ಗೆಲೈ, ಸಿರಿಗನ್ನಡಂ ಬಾಳೈ.

ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವವೆಂದರೆ, ನಮಗೆಲ್ಲಾ ನಮ್ಮ ನಮ್ಮ ತಾಯಿಯ ಜನ್ಮದಿನದಷ್ಟೇ ಸಂಭ್ರಮ. ನಾವು ನಾವಾಗಿರಲು, ಬಂಧು, ಮಿತ್ರರೊಂದಿಗೆ. ಪ್ರೀತಿವಾತ್ಸಲ್ಯ, ವಿಶ್ವಾಸವನ್ನು ಹಂಚಿಕೊಳ್ಳಲು, ಕನ್ನಡ ಭಾಷೆಯೇ ನಮಗೆ ಮಾಧ್ಯಮ. ನಮ್ಮ ಭಾವನೆಗಳ ಅಭಿವ್ಯಕ್ತಿಗೆ ನಮ್ಮ ಮಾತೃ ಭಾಷೆಯೇ ಆಧಾರ.



ಕನ್ನಡನಾಡಿನ ಆದಿಕವಿಗಳಾದ ಪಂಪ, ರನ್ನ, ಜನ್ನ, ಕುಮಾರವ್ಯಾಸ, ರಾಘವಾಂಕರಿಂದ ಹಿಡಿದು, ದಾಸಶ್ರೇಷ್ಠರು, ವಚನಕಾರರು, ವರಕವಿ ದ.ರಾ ಬೇಂದ್ರೆ, ರಾಷ್ಟ್ರಕವಿ ಕುವೆಂಪು, ಭಾವಕವಿ ಪು.ತಿ.ನ, ಪ್ರೇಮಕವಿ ಕೆ.ಎಸ್ ನರಸಿಂಹಸ್ವಾಮಿ ಇತ್ಯಾದಿ ಹಾಗೂ. ಇಂದಿನ ಕವಿಗಳಾದ ಎಸ್.ಎಸ್ ಲಕ್ಷ್ಮೀನಾರಾಯಣ ಭಟ್, ಎಂ.ಎನ್ ವ್ಯಾಸರಾಯರು, ಕೆ.ಎಸ್ ನಿಸಾರ್ ಅಹಮ್ಮದ್, ದೊಡ್ಡರಂಗೇಗೌಡ ಮೊದಲಾದವರು, ನಮ್ಮ ಕನ್ನಡ ಸಾಹಿತ್ಯ ಪರಂಪರೆಯನ್ನು ಶ್ರೀಮಂತಗೊಳಿಸಿದ್ದಾರೆ.

ಕರ್ನಾಟಕ ಏಕೀಕರಣದ ಇತಿಹಾಸ 1905ರಲ್ಲಿ ಆಲೂರು ವೆಂಕಟರಾಯರ ಹೋರಾಟದಿಂದ ಪ್ರಾರಂಭವಾಯಿತು. ನಂತರದ ದಿನಗಳಲ್ಲಿ ಭಾಷಾವಾರು ಪ್ರಾಂತಗಳನ್ನಾಗಿ ವಿಂಗಡಿಸಿದಾಗ, 1956ರ ನವೆಂಬರ್ 1 ರಂದು "ಮೈಸೂರು ರಾಜ್ಯ"ವಾಗಿ ಪ್ರಾರಂಭವಾಯಿತು. ಮುಂದೆ ಭೌಗೋಳಿಕವಾಗಿ ಎಲ್ಲಾ ಕನ್ನಡಿಗರ ಪ್ರದೇಶವನ್ನು ಒಗ್ಗೂಡಿಸಿ 1973ರ ನವೆಂಬರ್ 1ರಂದು ಶ್ರೀ ದೇವರಾಜ್ ಅರಸ್ ಅವರ ಕಾಲದಲ್ಲಿ "ಕರ್ನಾಟಕ"ವೆಂದು ಪುನರ್ ನಾಮಕರಣಗೊಂಡಿತು.



ನಮ್ಮ ಪ್ರತಿಷ್ಠಿತ ಸಂಸ್ಥೆಯ ಸಂಸ್ಥಾಪಕರಾದ ಕರ್ಮಯೋಗಿ ಡಾ. ಎಂ.ಎಸ್ ರಾಮಯ್ಯನವರು ಕನ್ನಡದ ಅಪ್ಪಟ ಅಭಿಮಾನಿ. ಅವರ ಕನ್ನಡದ ಕೊಡುಗೆ ಅತ್ಯಂತ ಶ್ಲಾಘನೀಯ. 1956ರಲ್ಲಿಯೇ "ತಾಯಿನಾಡು" ಪತ್ರಿಕೆಯ ಒಡತನ ಹೊಂದಿ ಮುನ್ನಡೆಸಿದ್ದರು. "ಗೋಕುಲ" ಎಂಬ ವಾರಪತ್ರಿಕೆ, "ಕೈಲಾಸ" ಎಂಬ ಮಾಸಪತ್ರಿಕೆ ಪ್ರಾರಂಭಿಸಿ ಪತ್ರಿಕಾರಂಗದಲ್ಲಿ ಕ್ರಾಂತಿ ನಡೆಸಿ ಹಲವಾರು ಪತ್ರಿಕೆಗಳ ಉಗಮಕ್ಕೆ ಕಾರಣರಾದರು.

ಡಾ. ಎಂ.ಎಸ್ ರಾಮಯ್ಯನವರ ಮತ್ತೊಂದು ಆವಿಸ್ಮರಣೀಯ ಕೊಡುಗೆ ಎಂದರೆ 1984ರಲ್ಲಿ ತಮ್ಮ ಧಾರ್ಮಿಕ ಕ್ಷೇತ್ರವಾದ ಶ್ರೀಕ್ಷೇತ್ರ ಕೈವಾರದಲ್ಲಿ ಅಂದಿನ ಸರ್ಕಾರದ ಮನವೊಲಿಸಿ 'ಅಖಿಲ ಭಾರತ ಕನ್ನಡ ಸಾಹಿತ್ಯ ಸಮ್ಮೇಳನ'ವನ್ನು ಆಯೋಜಿಸಿ, ಅದರ ಸ್ವಾಗತ ಸಮಿತಿಯ ಅಧ್ಯಕ್ಷರು ಆಗಿದ್ದರು. ಕನ್ನಡನಾಡಿನಲ್ಲಿ ಗೋಕುಲ ಶಿಕ್ಷಣ ಪ್ರತಿಷ್ಠಾನ ಆರಂಭಿಸಿ, ಹಲವಾರು ಶಿಕ್ಷಣ ಸಂಸ್ಥೆಗಳನ್ನು ಹುಟ್ಟುಹಾಕಿದರು ಹಾಗೂ ಲಕ್ಷಾಂತರ ವಿದ್ಯಾರ್ಥಿಗಳು ಮತ್ತು ಸಾವಿರಾರು ಉದ್ಯೋಗಿಗಳ ಪ್ರೇರಕಶಕ್ತಿಯಾಗಿದ್ದರು. ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಅಂದಿನಿಂದ ಸಂಭ್ರಮದಿಂದ ಆಚರಿಸಲು ಪ್ರೋತ್ಸಾಹಿಸುತ್ತಾ ಬಂದಿದ್ದರು. ಅದೇ ಸಂಭ್ರಮ ಇಂದಿಗೂ ನಡೆಯುತ್ತಾ ಬಂದಿದೆ.

ಈ ವರ್ಷದ 69ನೇ ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವವನ್ನು ರಾಮಯ್ಯ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯದಲ್ಲಿ ಒಂದುವಾರಗಳ ಕಾಲ 'ರಾಮಯ್ಯ ಹಬ್ಬ'ವನ್ನು ಆಚರಿಸಿ ನಂತರ ದಿನಾಂಕ 07.11.2024ರಂದು ಅತ್ಯಂತ





ಕಾರ್ಯಕ್ರಮಗಳನ್ನೊಳಗೊಂಡಂತೆ ಹಲವಾರು ರೀತಿಯ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ಯಶಸ್ವಿಯಾಗಿ ಆಯೋಜಿಸಿ ಸಂಭ್ರಮಿಸಲಾಯಿತು. ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಕರ್ನಾಟಕ ರಾಜ್ಯ ಕಲಾವಿದರ ಕಲ್ಯಾಣ ವೇದಿಕೆ ರಾಜ್ಯಾಧ್ಯಕ್ಷ ಡಾ|| ಕೆಂಚನೂರು ಶಂಕರ್ ಆಗಮಿಸಿದ್ದರು. ಈ ಸಮಾರಂಭದಲ್ಲಿ ಸಂಸ್ಥೆಯ ಎಲ್ಲಾ ವಿದ್ಯಾರ್ಥಿಗಳು, ಬೋಧಕ ಮತ್ತು ಬೋಧಕೇತರ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರು ಅತ್ಯಂತ ಹರ್ಷದಿಂದ ಪಾಲ್ಗೊಂಡು ಸಂಭ್ರಮಿಸಿದರು.

ಸಂಭ್ರಮದಿಂದ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಆಚರಿಸಲಾಯಿತು. ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ದೂರದರ್ಶನದಲ್ಲಿ ಪ್ರಸಾರವಾಗುವ ಥಟ್ ಅಂತಾ ಹೇಳಿ ರಸಪ್ರಶ್ನೆ ಕಾರ್ಯಕ್ರಮ ಖ್ಯಾತಿಯ ಡಾ. ನಾ. ಸೋಮೇಶ್ವರ ಅವರು ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಆಗಮಿಸಿದ್ದರು.

ರಾಮಯ್ಯ ಅನ್ವಯಿಕ ವಿಜ್ಞಾನಗಳ ವಿಶ್ವವಿದ್ಯಾನಿಲಯದ ವತಿಯಿಂದ ದಿನಾಂಕ 23.11.2024ರಂದು ನೃತ್ಯ, ಹಾಡು, ರಸಪ್ರಶ್ನೆ, ಚಿತ್ರರಚನೆ ಮುಂತಾದ



ಡಾ. ವಿಜಯದಾಸ್

ಪ್ರಾಧ್ಯಾಪಕರು,
ಶರೀರಕ್ರಿಯಾ ಶಾಸ್ತ್ರ ವಿಭಾಗ (ಫಿಸಿಯಾಲಜಿ),
ರಾಮಯ್ಯ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ



Dr. Sreekar Agumbe Pai, Assoc. prof, Dept. of General surgery was awarded the best paper and best poster award at the international conference on Gastroenterology Surgery - WCES IAGES 202, at Kolkota.

For the Batch of 2024-25 Medical Students, the Cadaveric Oath taking ceremony was conducted on 11th November, 2024 at Anatomy Department. The cadaveric oath was administered to the students. Principal & Faculty members of the Departments of Anatomy, Forensic Medicine and students observed silence and offered flowers to the Cadaver and showed respect and gratitude.

WELCOME



Dr. Abhishek C

Senior Resident, Anaesthesiology

SEPARATED



Dr. Vishal Patil

Senior Resident, Orthopaedics



Going the distance for Aaradhana

The story of Aaradhana, the tiny girl in my arms, began on one of our weekly visits to Jawadhi Malai (Jawadhu hills) during my postgraduate training at CMC Vellore. Jawadhu Hills— are an extension of the Eastern Ghats reaching through the Vellore and Tiruvannamalai districts of Tamil Nadu—this remote area is a world of its own. Traveling here in the winter months was a hidden blessing; the meadows were painted with blooming wildflowers, bringing the hills to life. After an off-road journey of nearly three hours, our team faced a further six-kilometre trek on foot to reach the village of Jaarthankolai, perched atop the hills with only open fields for company.

Apart from the routine patients, we were warmly welcomed by a timid mother, who was eager for her daughter's routine vaccination at six weeks. Her happiness was so sincere that she asked me to name her daughter, a request that took me by surprise. At that moment, I happened to be listening to songs from Vettayaadu Vilayaadu (a yesteryear movie from Tamil) and "Aaradhana" (meaning admiration) the name of the heroine, sprang to my mind. It seemed to suit this bright-eyed child.

A month later, we returned to the hills. But the Public Health Nurse informed us that Aaradhana's mother hadn't come to the health camp. "Let's go to her," I suggested, though I knew this meant another long walk up the winding paths, a journey few health workers are excited to make. When we reached the village, her house was locked, and a neighbour told us they had gone to the fields. Determined, we continued our walk, though I could sense my nurse's weariness as we trudged along in search of the family.



After nearly an hour, we finally found Aaradhana's mother in the fields, but here we faced a new challenge: Aaradhana's grandmother, who was firmly against the vaccine. She recounted how the last dose had given Aaradhana a fever, leaving her inconsolable through the night. While such reactions are common with the pentavalent vaccine, her concerns were understandable. But I noticed that Aaradhana's mother seemed willing, though hesitant. On a whim, I looked at Aaradhana herself and asked, "Do you want the vaccine?" To our surprise, she responded with the kind of smile that melts your heart. Laughing, I turned to the grandmother and said, "Look, even the baby is saying she's ready." At this, the grandmother could only nod in agreement.

After administering the vaccine, I carried Aaradhana back, her mother walking beside me. With a shy smile, she confided, "I named her Aaradhana because you came so far just for her. Not even my husband would do that for us." My heart swelled with warmth, and tears welled within me, I couldn't have asked for a more meaningful reward.

Some may question the effort miles and hours for a single vaccine. But each step holds meaning. Walking these roads, we deliver more than medicine; we bring hope, building faith in health workers and our work. While traditions and elders may set the rules and many mothers may have no say, sometimes going the distance makes all the difference. It brings strength, shifts perspectives, and redefines the essence of public health.

Dr. Ranjith Viswanath, Assistant Professor, Department of Community Medicine has won first prize in the National Blog Competition organized by the Indian Association of Preventive and Social Medicine in November 2024 for this blog.