

M.S. Ramaiah Medical College, Bangalore

MBBS Phase - I Foundation course timetable - 2020-2021

| DATE | DAY | 09:00 - 10:00 | 10:00 - 11:00 | 11:00-12:00 | 12:00-1:00 | 1:00 - 1:30 | 1:30 - 2:30 | 2:30-3:30 | 3:30-4:30 | 4.30-5.30 |
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| 04 January, 2021 | MONDAY | FC 1.4, 1.5 -Invocation, Ramaiah Anthem. Introduction to foundation course and Rules and regulations - Dr A G Prathab | | Ice breaking session Dr Jyothi | FC 1.5 - Academic ambience - Dr. Shalini Nooyi - LECTURE, INTERACTIVE | LUNCH | FC 1.5 Antiragging introduction and procedure explanation Affidavit filling - Dr Cuckoo, Mr Ravi, Ms Roopini, Ms. Vaishnavi EDP, INTERACTIVE | FC 1.6 - Career pathway and growth -Dr. Thanuja & Dr Sowmya Ramani & Dr. Vijayadas LECTURE, INTERACTIVE | FC 4.11 - Mentoring Dr Vijayadas - INTERACTIVE LECTURE | |
| 05 January, 2021 | TUESDAY | FC 1.10 - History of medicine - Dr Chitra S & Dr. Shravan LECTURE, INTERACTIVE | FC 1.5 - Facilities in MSRMC & Admin staff introduction Dr.Hemanth T - LECTURE, INTERACTIVE | FC 1.4 - Rules and regulations - (How to behave with superiors, dress code) - Dr. A G Prathab LECTURE AND INTERACTIVE | FC 1.5 - Introduction of all faculty of Anatomy, Physiology, Biochemistry & Community medicine by HODs - INTERACTIVE | LUNCH | literacy program (DCLP) Dr | English / local Computer / | FC 5.5 -Use of information technology - GEMS Software included - Mr.Vijay & Ms.Swetha, IT | |
| 06 January, 2021 | WEDNESDAY | FC 1.7 - Reflection - Dr.Ashwini INTERACTIVE LECTURE | FC 4.8 - ECA - Yoga and meditation, Dr. Ambarish, Dr. Omkar & Mr. Nagendra | FC 1.7- MBBS Exams, university rules - incl attendance - Dr. Shailaja Shetty LECTURE, INTERACTIVE | FC 1.5 - Hostel facility , rules & regulations - Dr. Cuckoo & Ice breaking session Dr Jyothi INTERACTIVE | LUNCH | Introduction to SPORTS - Dr. Arjunan | Introduction to ECA - cultural activities-Dr. Cuckoo & Dr. Kirthana, INTERACTIVE | FC 5.2, -Language KANNADA - Orientation to Kannada classes -Dr. A G Prathab /Dr.Vijayadas , Registrar RMC, INTERACTIVE | |
| 07 January, 2021 | THURSDAY | FC 1.2, 1.7 - Role of IMG, MBBS PROGRAM curriculum description - orientation - Dr. Vasudha K C - LECTURE, INTERACTIVE | FC 1.3 - Address to Students - "Beginning the Journay as a Medical Professional" Dr Medha Y Rao, Principal and Dean | | FC 1.8, 3.1, 3.2 - National health priorities and policies - Dr. Lalitha, Com Med LECTURE, INTERACTIVE | LUNCH | FC 1.9 - Nutrition and diet Mrs. Hema Arvind, dietician - LECTURE, INTERACTIVE | Introduction to ECA- literary and arts club - Dr. Nirmitha, Dr.Niveditha Maity & Dr. Rashmi - INTERACTIVE | FC 5.3 - Language English - Introduction & Ice- breaking & Introduction with friends -Dr. Shalini CN , Dr. Vasudha KC , Dr. Priyadarshini - DIDACTIC / INTERACTIVE | |
| 08 January, 2021 | FRIDAY | FC 1.8, 3.3, 4.4 - Health care system and its delivery - Dr.Anil Kumar, Medicine LECTURE, INTERACTIVE | FC 1.9, 3.3 - Principles of family practice and primary/ community health care - Dr. Nagappa, Medicine dept - LECTURE, INTERACTIVE | FC -1.5 Introduction to hospitals- TH & MH - buildings through photos & videos - Dr. Prathap Kumar & Dr. Arun Kumar | FC 1.10 - Alternate health systems -Dr. Ambarish & Dr Chidambara Murthy LECTURE, INTERACTIVE | LUNCH | FC 1.8 - Community based learning - Dr. Babitha Rajan - INTERACTIVE LECTURE | FC1.5, 3.4, 3.5, 3.6, 4.4 - "Virtual" Visit and introduction to blood bank Dr Usha & diagnostic labs - Dr Nirmitha | FC 5.4, 5.5 - Computer (digital library) - Introduction to computer science -Dr Arun Kumar M / Dr. Prathap Kumar J / INTERACTIVE / SMALL GROUP | |
| 09 January, 2021 | SATURDAY | FC 1.9 - Medical ethics, Attitudes and professionalism- Dr. Venkatesh D - LECTURE, | FC 1.1 -The medical profession, and Physician role in society - Dr. Vijayashree Thyagaraj | FC 1.5 - Introduction to library - rules & museum - Dr Roopakala M S, Dr Kirthi Koushik- INTERACTIVE | FC 1.3 - What can a student expect? - Dr. Veena - INTERACTIVE LECTURE | LUNCH | | | | |
| 10 January, 2021 | SUNDAY | | | | | | | | | |

| January, 2021 | MONDAY | FC 2.3 - Universal precautions and immunization Dr. Shalini Naik/Dr Banashankari LECTURE, INTERACTIVE | FC 2.4, 2.5, 2.6, 2.8 - Patient safety and biohazard safety (Handwash,needle, handling biomaterial, use of PPE) -Dr. Naik Shalini Ashok - LECTURE, INTERACTIVE | | FC 2.4, FC 4.14 -Self directed learning - Patient safety and biohazard safety (Handwash,needle, handling biomaterial) - Dr. Naik Shalini Ashok - LECTURE, INTERACTIVE Case Scenario- Dr. Naik Shalini Ashok | LUNCH | FC 2.4, 2.7 - Biomedical waste management, handling biomaterial - Dr. Shalini Pradeep, Com Med LECTURE, INTERACTIVE | FC 3.4, 3.5, 3.6, 4.4 - "Virtual" Visit & introduction to community health centre - Dr.Arjunan , | FC 5.2 -Language KANNADA - Kannada varnamale (Alphabets) - Dr. Somashekhar A R Dr. Anuradha INTERACTIVE | FC 5.2 - Language KANNADA - Fruits and vegetables and other food items - Dr. Lalitha / Dr. Prathap kumar. J/ INTERACTIVE |
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| 12 January, 2021 | TUESDAY | FC 4.1 - Introduction to AETCOM Modules : Dr. Veena LECTURE, INTERACTIVE | FC 4.1 - Consequences of unethical & unprofessional behaviour - Dr. Girish Chandra LECTURE, INTERACTIVE/ ROLE PLAY/ INTERACTIVE | FC-4.1 Skills to handle medicolegal aspects of medicine & Violence against doctors - Dr. Girish Chandra INTERACTIVE | FC 5.3 -Language English - General conversation -Dr Babitha,Dr Priyadarshini | LUNCH | FC 4.5 - Working with a health care team & introduction to health care workers - disability competencies - Dr. Vishwanath & Dr. Vanitha Gowda - INTERACTIVE LECTURE | FC 5.2, - Language KANNADA - Time and days, Relationships Number - Dr. Komala /Dr. Kirthana - INTERACTIVE | | ltural club - Dr. Kirthana |
| 13 January, 2021 | WEDNESDAY | Balancing the professional and personal life - Dr. Shalini Nooyi LECTURE, INTERACTIVE | FC 4.8 - ECA - Yoga and meditation, Dr. Ambarish, Dr. Omkar & Mr. Nagendra | behaviour - concept of p | I attitude and ethical rofessionalism and ethics - ECTURE, INTERACTIVE | LUNCH | FC 3.4, 3.5, 3.6, 4.4 - Introduction to RNTCP /NTEP (Primary Health care system and delivery - II) Dr. Priyadarshini & Dr. Babitha Rajan | FC 5.3 -Language English - Conversation with hostel, admin staff - Teachers - Dr. N K Alva, Dr Ananthram, Dr Arun Kumar M | FC 5.3 -Language English- Reading and Comprehension Skills - Dr. Vanitha Gowda, Dr. Shalini Naik, Dr. Ananthram, INTERACTIVE | |
| 14 January, | THURSDAY | Holiday - Makara Sa | ankranti | | | | | | | |
| 15 January, 2021 | FRIDAY | Group learning - Dr. Jyothi SMALL GROUP DISCUSSIONS | FC 4.8 - ECA - Yoga and meditation, Dr. Ambarish, Dr. Omkar & Mr. Nagendra | Simulation based learning - Dr. Prathap Kumar/Dr. Arun Kumar M - INTERACTIVE LECTURE / SMALL GROUP | Doctors role in health economics - Dr. Kamath & Dr. Sathya Shankar/ INTERACTIVE | LUNCH | | 5.3 -Language English- Writing skills - Dr. NK Alva, Dr. Babitha - / INTERACTIVE FC 5.3 -Language KANNADA - Colours, neighbou - Dr. Krishnamur Dr. Arun kumar | | ighbourhood namurthy / kumar M |
| 16 January, 2021 | SATURDAY | FC 4.7 - Stress management - Dr. Virupaksha / Dr Krishna Murthy - INTERACTIVE LECTURE | FC 3.4, 3.5, 3.6, 4.4 - Introduction to Kaiwara health center, environment friendly initiatives and ashram - Dr. Arjunan | and cultural competence INTERACTIVE LECTURE V | | | | | | |

| 17 | SUNDAY | | | | | | | | | |
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| January, | SUNDAY | | | | | | | | | |
| January, 2021 | MONDAY | Avenues for student research - Dr Nanda Kumar/ INTERACTIVE | ' ' | Introduction student scientific committee - Dr. Roopakala M.S INTERACTIVE | FC 5.2 - Language KANNADA - Singular and plural Verb -Dr. Anupama pujar & Dr. Ashwini CA DIDACTIC / INTERACTIVE | LUNCH | | FC 5.2 -Language KANNADA - Disease names Symptoms -Dr. Veena vidya shankar & Dr. Tharanath INTERACTIVE | FC 5.2 - Language KANNADA - General history taking - Dr. Venkatesh. D / Dr. Krishnamurthy -/ INTERACTIVE | FC 5.2 - Language KANNADA - General interaction Revision of previous class - Dr. Anuradha, Dr.Ambarish & Dr.Krishnamurthy INTERACTIVE |
| 19 January, 2021 | TUESDAY | Communication Skills - Dr.Radhika INTERACTIVE LECTURE WITH ROLE PLAY | dhika - Dr. Narayana Swamy-Roleplay, INTERACTIVE E LECTURE | | FC 5.2 -Language KANNADA - General conversations - Dr. Janaki / Dr. Roopakala -/ INTERACTIVE | LUNCH | KANNADA - Parts of body - Dr. Shailaja Shetty / Dr. | FC 4.2 - Altruism / empathy / duty / responsibility / professionalism - Interact SGD, GP presentation Dr.Ch | respect - ethics and ive lecture, reflection, | club & cultural club - Nirmitha, Dr. Cuckoo, |
| 20 January, 2021 | WEDNESDAY | FC 1.1 - Doctor's role in society - Dr. Ashwin INTERACTIVE LECTURE | FC 4.8 - ECA - Yoga, , Dr. Ambarish, Dr. Omkar & Mr. Nagendra | medical records, inforn MG/Dr Anuradha - II | nication - Documentation, ned consent - * Dr Janaki NTERACTIVE LECTURE , ACTIVITY | LUNCH | FC 5.4, 5.5 - Computer (digital library) - Internet Usage and safety -Dr Arun Kumar M / Dr. Prathap Kumar J / INTERACTIVE / SMALL GROUP | Assessment driven learning - Dr. Nirmitha - INTERACTIVE LECTURE | ha - club -Nirmitha, Dr. Cuckoo, Dr. Niveditha N | |
| 21 January, 2021 | THURSDAY | FC 4.10 - Interpersonal relationship and communication - interactions with patients, families, communities - Interactive lecture, reflection, SGD, GP presentation : Dr Suman/Dr Ashwini | | | FC 1.5, 3.4, 3.5, 3.6, 4.4 - "Virtual" Visit to Mortuary - Dr Akshith | LUNCH | FC 4.13 - Learning Andragogy - Dr Komala - INTERACTIVE LECTURE | | tal library) - Introduction Kumar M / Dr. Prathap K ERACTIVE / SMALL GROU | umar J |
| January, 2021 | FRIDAY | FC -4.1 - Ethics at beginning and end of life - Interactive lecture, SGD, case scenarios: Dr Chandrika Rao/Dr Shravan | | | FC 1.7 - MBBS Program - skills and certifications - Dr. Meera K.S LECTURE, INTERACTIVE | LUNCH | • | FC 4.15- Peer assisted, learning - Dr. Kirthana - INTERACTIVE LECTURE | club -Nirmitha, Dr. Cuck | erary Arts club & cultural coo, Dr. Niveditha Maity, & Dr. Rashmi |
| 23 January, 2021 | SATURDAY | directed learning - Dr. Krishnamurthy - communication: SDL, | | onal relationship and Dr Suman/Dr Ashwini _ ractive | | | | | | |

| 24 January, | SUNDAY | | | | | | | | | | |
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| 25 January, 2021 | MONDAY | confidentiality - Int | professional behavior – eractive lecture, reflecti hwin /Dr Mukunda | , , , , , , , , , , , , , , , , , , , , | FC 4.14 - Self-directed learning - Dr Ashwin /Mukunda | LUNCH | FC 5.4, 5.5 - Computer (digital library) - Reference management System -Dr Arun kumar M/ Dr Radhika -/ INTERACTIVE / SMALL GROUP | FC 5.4, 5.5 - Computer(c Dr Arun Kumar M/Dr Pr | | | |
| 26 January, 2021 | TUESDAY | | | | | Republic Day - Holiday | | | | | |
| 27 January, 2021 | WEDNESDAY | FC 4.3 - Factors undermining professional behavior - Interactive lecture, reflection, SGD, GP presentation- Dr Venkatesh/Dr Shreekar Pai | | | FC 4.14 - Self-directed learning -DrSreekar Pai/Dr Venkatesh | LUNCH | FC 4.1 Development of professional identity - Dr. Chandrika Rao LECTURE, INTERACTIVE | identity - arts club - Dr. Nirmitha, Dr. Kirthana, IN a Rao Dr. Niveditha Maity & Dr. | | | |
| 28 January, 2021 | THURSDAY | FC 4.1 - Litigations in medical practice - Interactive lecture, reflection, SGD, GP presentation Dr Praveen S /Dr Basappa Hugar | | | FC 4.14 - Self-directed learning - Litigations in Medical practice- Case scenarios- Dr Praveen S /Dr Basappa Hugar - INTERACTIVE | LUNCH | DrNirmitha /Dr Radhika -/ INTERACTIVE / SMALL GROUP | | | FC 5.4, 5.5 - Computer (digital library) - Medical Animation - Dr. Prathap Kumar J/ Dr. Navikala -/ INTERACTIVE / SMALL GROUP | |
| 29 January, 2021 | FRIDAY | FC 4.1 - Gender sensitivity in medical profession - Dr. Preethi B L / Dr. Girish Chandra INTERACTIVE LECTURE | FC 4.8 - ECA - Sports - Yoga and meditation, Dr. Ambarish, Dr. Omkar & Mr. Nagendra | FC 2.1, 2.2 - Introduction to BLS/ First aid - Dr Aruna Ramesh - LECTURE, INTERACTIVE | LUNCH | FC 5.4, 5.5 - Computer (digital library) - Introduction and Usage of Excel - MrShivaraj - INTERACTIVE / SMALL GROUP | | | FC 5.4, 5.5 - Computer (digital library) - Medical Animation - Dr. Prathap Kumar J/ Dr. Navikala -/ INTERACTIVE / SMALL GROUP | | |
| 30 January, 2021 | SATURDAY | patient experienc | FC 5.1 - Communication with patients and families and Relating patient experience of the disease - Interactive lecture, reflection, SGD, GP presentation-Dr Padma/Dr Suman G / Dr. Priyadarshini | | | LUNCH | | | | | |
| | I. | Foundation commi | ttee, M S Ramaiah Me | dical College, Bangalore | | | | | TOTAL HRS | | |
| PINK - Visit to community medicine centre(Field visits) | | | | | | • | | | | | |
| YELLOW COLOR MEANS FREE HOURS - SATURDAY HALF DAY, SUNDAY, HOLIDAY BLUE COLOR -SKILLS (27) | | | | | GREEN - PROFESSIONAL DEVPT & ETHICS (40) | | | | | | |
| LUNCH - 1/ | 2 HR EACH DAY | | PEACH COLOR - PART OF ORIENTATION HOURS (28) | | | White- Co | White- Computer / Language (40) | | | | |