

| DAY | WEEK | 08:00-09:00 | 09:00 - 10:00 | 10:00 - 11:00 | 11:00-12:00 | 12:00-1:00 | 1:00 - 1:30 | 1:30 - 2:30 | 2:30-3:30 | 3:30-4:30 | 4.30-5.30 | Day Incharge with Mobile No. | |
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| Monday | WEEK 1 | Registration | Ice breaking session Dr Jyothi | Inauguration: Lamp lighting, Address by CE Role modelling, Inspirational speech by chief guest, white coat ceremony, Oath administration, Vote of thanks. | FC 1.4,1.5- Rules and regulations , Introduction to mentoring, FC 4.11Admin staff introduction | LUNCH | | FC 1.5 Antiragging introduction and procedure explanation Affidavit filling - Dr Cuckoo, Mr Ravi, Ms Roopini, Ms. Vaishnavi EDP , INTERACTIVE | | Parents, students meeting with faculty- Dr Shailaja Shetty & other dept HODs- Interactive. | | DR VIJAYADAS 9845540213, Dr Navikala 8861469943 | |
| Tuesday | | | FC 1.10 - History of medicine - Dr Chitra S & Dr. Shravan LECTURE, INTERACTIVE | FC 1.5 - Facilities in MSRMC- Dr.Hemanth T , Academic ambience- LECTURE, INTERACTIVE | FC 1.4 - Rules and regulations - (How to behave with superiors, dress code) - Dr. A G Prathab LECTURE AND INTERACTIVE | FC 1.5 - Introduction of all faculty of Anatomy, Physiology, Biochemistry & Community medicine by HODs - INTERACTIVE | LUNCH | FC 5.5 - Use of online resources - importance for a doctor -Digital clinical literacy program (DCLP) Dr Nanda kumar / Dr Rathai- LECTURE, INTERACTIVE | FC 5.5 Need based assessment of learning English / local Computer / Language of communication - Dr Prathap Kumar/Dr Rathai - LECTURE, INTERACTIVE | FC 5.5 -Use of information technology - GEMS Software included - Mr.Vijay & Ms.Swetha, IT | | Dr. Prathap Kumar J 7411498759 | |
| Wednesday | | | FC 1.7 - Reflection - Dr.Ashwini INTERACTIVE LECTURE | FC 4.8 - ECA - Yoga and meditation, Dr Preethi B L, Dr. Omkar & Mr. Nagendra | FC 1.7- MBBS Exams, university rules - incl attendance - Dr. Shailaja Shetty LECTURE, INTERACTIVE | FC 1.5 - Hostel facility , rules & regulations - Dr. Cuckoo & Ice breaking session Dr Jyothi INTERACTIVE | LUNCH | Introduction to SPORTS -Dr. Arjunan. Mr Mahesh (Sports Officer) | Introduction to ECA - cultural activities-Dr. Cuckoo, Dr Geetha INTERACTIVE | | FC 5.2, -Language KANNADA - Orientation to Kannada classes -Dr. A G Prathab, Registrar RMC/Dr.Vijayadas , INTERACTIVE | | Dr Ashwini CA 9845994708 |
| Thursday | | | FC 1.2, 1.7 - Role of IMG, MBBS PROGRAM curriculum description - orientation - Dr. Suman- LECTURE, INTERACTIVE | FC 1.3 - Address to Students - "Beginning the Journey as a Medical Professional" Dr Medha Y Rao, Principal and Dean | FC 1.5 - Introduction to college building - Dr.Anupama, Dr Shashikala, Dr Hemalatha & Dr. Jyothi S | | LUNCH | FC 1.9 - Nutrition and diet - Mrs. Hema Arvind, dietician - LECTURE, INTERACTIVE | Introduction to ECA- literary and arts club - Dr. Nirmitha, Dr.Niveditha Maity & Dr. Rashmi - INTERACTIVE | | FC 5.3 - Language English - Introduction & Ice-breaking & Introduction with friends - Dr. Shalini CN , Dr Shruthi Patil, Dr. Priyadarshini - DIDACTIC / INTERACTIVE | | Dr. Nirmitha, 9845382202 |
| Friday | | | FC 4.11 - Mentoring Dr Vijayadas - INTERACTIVE LECTURE | FC 1.9, 3.3 - Principles of family practice and primary/ community health care - Dr. Nagappa, Dr Krishnamurthy, Medicine dept - LECTURE, INTERACTIVE | FC -1.5 Introduction to hospitals- TH & MH - Dr Navikala, Dr Prathap Kumar,Dr. Radhika, Dr Jyothi K C & Dr. Zainab | FC 1.10 - Alternate health systems -Dr. Somashekar - LECTURE, INTERACTIVE | LUNCH | FC 1.8 - Community based learning - Dr. Babitha Rajan - INTERACTIVE LECTURE | FC1.5, 3.4, 3.5, 3.6, 4.4 - Introduction to blood bank & visit to diagnostic lab. Dr Usha,Dr Rashmi,Dr Nirmitha,Dr Shashikala,Dr Shalini Naik & Dr Sandeep | | FC 5.4, 5.5 - Computer (digital library) - Introduction to computer science - Dr. Prathap Kumar J/ Dr Sunil Kumar/ IT cell Mr Ravi / INTERACTIVE / SMALL GROUP | | Dr Krishna Murthy 9342249684 |

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| Saturday | | | FC 1.9 - Medical ethics, Attitudes and professionalism- Dr. Vijayashree Thyagaraj- LECTURE, INTERACTIVE | FC 1.1 -The medical profession, and Physician role in society - Dr. Vijayashree Thyagaraj LECTURE, INTERACTIVE | FC 1.5 - Introduction to library & museum - rules. Dr Roopakala M S, Dr Kirthi Koushik- INTERACTIVE | FC 1.3 - What can a student expect? - Dr. Veena - INTERACTIVE LECTURE | LUNCH | SPORTS -Dr. Arjunan,Mr Mahesh (Sports Officer) | | | Dr Veena 9980308735 |
| Monday | | | FC 2.3 - Universal precautions and immunization Dr. Shalini Naik/Dr Banashankari LECTURE, INTERACTIVE | FC 2.4, 2.5, 2.6, 2.8 - Patient safety and biohazard safety (Handwash,needle, handling biomaterial, use of PPE) -Dr. Naik Shalini Ashok - LECTURE, INTERACTIVE | FC 2.4, FC 4.14 -Self directed learning - Patient safety and biohazard safety (Handwash,needle, handling biomaterial) -Dr. Naik Shalini Ashok - LECTURE, INTERACTIVE Case Scenario- Dr. Naik Shalini Ashok | LUNCH | FC 2.4, 2.7 - Biomedical waste management, handling biomaterial - Dr. Shalini Pradeep, Com Med - LECTURE, INTERACTIVE | FC 5.2 -Language KANNADA - Kannada varnamale (Alphabets) - Dr. Somashekhar A R Dr. Anuradha INTERACTIVE | FC 5.2 - Language KANNADA - Fruits and vegetables and other food items - Dr. Lalitha / Dr. Prathap kumar. J- /- INTERACTIVE | | Dr Anupama K 9449249001 |
| Tuesday | | | FC 4.1 - Introduction to AETCOM Modules : Dr. Veena LECTURE, INTERACTIVE | FC 4.1 - Consequences of unethical & unprofessional behaviour - Dr. Girish Chandra LECTURE, INTERACTIVE/ ROLE PLAY/ INTERACTIVE | FC-4.1 Skills to handle medicolegal aspects of medicine & Violence against doctors - Dr. Girish Chandra Case scenarios, INTERACTIVE | FC 5.3 -Language English - General conversation -Dr Babitha,Dr Priyadarshini | LUNCH | FC 4.5 - Working with a health care team & introduction to health care workers - disability competencies - Dr. Vishwanath & Dr. Vanitha Gowda , Ms.Diana-physiotherapy. -Group activities, INTERACTIVE LECTURE | FC 4.8 - Arts club & Cultural club - Dr.Kalaivani & Dr. Anupama Pujar K | FC 5.2, - Language KANNADA - Time and days, Relationships Number - Dr. Anupama /Dr. Navikala - INTERACTIVE | Dr Navikala 8861469943 |
| Wednesday | WEEK 2 | FC 4.8 - ECA - Yoga and meditation, Dr Preethi B L, Dr. Omkar & Mr. Nagendra | Balancing the professional and personal life - Dr. Shalini Nooyi LECTURE, INTERACTIVE | FC 4.1 - Professional attitude and ethical behaviour - concept of professionalism and ethics - Dr Chndrika Rao - LECTURE, INTERACTIVE | LUNCH | FC 5.3 -Language English - Conversation with hostel, admin staff - Teachers - Dr. N K Alva, Dr Ananthram. | FC 5.3 -Language English- Reading and Comprehension Skills - Dr. Vanitha Gowda, Dr. Shalini Naik, Dr. Ananthram, INTERACTIVE | FC 3.4, 3.5, 3.6, 4.4 - Introduction to RNTCP /NTEP (Primary Health care system and delivery -II) Dr. Priyadarshini & Dr. Babitha Rajan , | | Dr.Radhika 9035044023 | |
| Thursday | | FC 3.4,3.5,3.6,4.4-FC 3.4, 3.5, 3.6, 4.4 - Introduction to community health centre - Visit to kaiwara health centre, environment friendly initiatives and ashram visit- Dr Arjunan | | | | LUNCH | SPORTS- Out door sports/ In door sports- Dr Arjunan & Mr Mahesh (Sports Officer) | | | | Dr Navikala 8861469943 |
| Friday | | FC 4.8 - ECA - Yoga and meditation, Dr. Preethi B L, Dr. Omkar & Mr. Nagendra | Group learning - Dr. Jyothi K C, SMALL GROUP DISCUSSIONS | Simulation based learning - Dr. Narayana Swamy/ Dr. Prathap Kumar- INTERACTIVE LECTURE / SMALL GROUP | Doctors role in health economics - Dr. Kamath & Dr. Sathya Shankar/ INTERACTIVE | LUNCH | FC 5.3 -Language English- Writing skills - Dr. NK Alva, Dr. Babitha - / INTERACTIVE | FC 5.3 -Language KANNADA - Animals, Insects, Colours, neighbourhood - Dr. Krishnamurthy / Dr. Vijay Das INTERACTIVE | | Dr. Jyothi K.C 9731346464 | |

