

Date	DAY	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00-12:00	12:00-1:00	1:00 - 1:30	1:30 - 2:30	2:30-3:30	3:30-4:30	4.30-5.30	Day Incharge with Mobile No.
30/11/2022	Wednesday		FC 1.3 - Address to Students - "Beginning the Journey as a Medical Professional. Dr Prathab.A.G, Registrar Academics Joint controller of examinations. RUAS.	FC 1.2, 1.7 - Role of IMG, MBBS PROGRAM curriculum description - orientation - Dr. Suman- LECTURE, INTERACTIVE	FC 6 - Introduction to SPORTS -Dr. Arjunan. Mr Mahesh (Sports Officer)	FC 1.9 – Introduction to AETCOM & Medical ethics, Attitudes and professionalism- Dr. Venkatesh D. LECTURE, INTERACTIVE	LUNCH	FC 5.5 - Use of online resources - importance for a doctor -Digital clinical literacy program (DCLP) Dr Nanda kumar / Dr Rathai- LECTURE, INTERACTIVE	FC 5.5 - Use of information technology - GEMS Software included - Ms.Swetha, IT	FC 1.5 Antiragging introduction and procedure explanation Affidavit filling - Dr. Ashwini CA, Mr Ravi, Ms Roopini, Ms. Vaishnavi EDP INTERACTIVE		Dr.Zainab
01/12/2022	Thursday	Yoga.	Vijay mentoring Nutrition.	FC 1.10 - History of medicine - Dr Chitra S & Dr. Shravan LECTURE, INTERACTIVE	FC 4.6 - Introduction to ECA- literary and arts club - Dr.Niveditha Maity & Dr. Rashmi - INTERACTIVE	FC 1.1 -The medical profession, and Physician role in society - Dr. Vijayashree Thyagaraj LECTURE, INTERACTIVE	LUNCH	FC 1.1 - Doctor's role in society - Dr. Ashwin, Case scenarios, INTERACTIVE LECTURE	FC 1.7 - Reflection - Dr.Ashwini INTERACTIVE LECTURE	FC 5.4, 5.5 - Computer (digital library) - Introduction to computer science - Dr. Prathap Kumar J/ Dr Sunil Kumar/ IT cell Mr Ravi / INTERACTIVE / SMALL GROUP		Dr.Vijaydas
02/12/2022	Friday	Yoga	FC 1.9, 3.3 - Principles of family practice and primary/ community health care – Dr. Lalitha & Dr Pavithra - LECTURE, INTERACTIVE	FC 4.6 - Introduction to ECA -cultural activities-Dr. Cuckoo, Dr Geetha CR INTERACTIVE	FC 1.5 - Introduction to college building and Museum Tutors- Department of Anatomy	FC 1.3 - What can a student expect? - Dr. Veena - INTERACTIVE LECTURE	LUNCH	FC 4.9 - Time management Dr.Anuradha	FC -1.5 Introduction to hospitals- TH & MH - Tutors- Physiology department	FC 5.2, -Language KANNADA - Orientation to Kannada classes Dr.Vijayadas ,INTERACTIVE		Dr.Ashwini.C. A

03/12/2022	Saturday		Skills required to do Research, Opportunities - Dr Sulatha ; INTERACTIVE	Avenues for student research - Dr Thanuja/ INTERACTIVE	FC 4.7 - Stress management - Dr. Virupaksha / Dr Krishna Murthy - INTERACTIVE LECTURE	FC 1.5 - Introduction of all faculty of Anatomy, Physiology, Biochemistry & Community medicine by HODs - INTERACTIVE	LUNCH	FC 6 - ECA -Indoor and Outdoor Sports. Dr.Arjun and Team.	Dr.Komala.N
04/12/2022	Sunday	HOLIDAY							

M.S. Ramaiah Medical College, Bangalore

FOUNDATION COURSE - 2022-23 batch- Week 2

Date	DAY	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00-12:00	12:00-1:00	1:00 - 1:30	1:30 - 2:30	2:30-3:30	3:30-4:30	4.30-5.30	Day Incharge with Mobile No.
05/12/2022	Monday	Yoga	FC 4.13 - Learning Andragogy - Dr Komala - INTERACTIVE LECTURE	FC 1.8 - Community based learning - Dr. Babitha Rajan - INTERACTIVE LECTURE	FC1.5 Visit to Mortuary Dr.Akshith and team	FC 4.2 Responsibilities and Integrity in medical students' life- Dr. Venkatesh.D		FC1.5, 4.4 - Visit to diagnostic lab. Tutors – Biochemistry department	FC 5.2 - Language KANNADA- Varnamale (Alphabets), Fruits, vegetables and other food items Dr Jyothi K S, LECTURE, INTERACTIVE	FC 5.3 - Language English - General conversation. Introduction & Ice-breaking & Introduction with friends – Dr. Shalini Naik, Dr Ananthram - DIDACTIC / INTERACTIVE		Dr.Veena Vidya Shankar 9980308735
06/12/2022	Tuesday		Introduction to student scientific committee Dr.Roopakala. M.S	FC 1.8, 3.3, 4.4 - Health care system and its delivery - Dr.Aslam Medicine LECTURE, INTERACTIVE	Nutrition and diet - Mrs. Hema Arvind, dietician - LECTURE, INTERACTIVE	FC 4.1 - Gender sensitivity in medical profession - Dr. Preethi B L / Dr. Girish Chandra INTERACTIVE LECTURE		FC 5.4, 5.5 - Computer (digital library) - Introduction and Usage of Excel - Mr Shivaraj - INTERACTIVE / SMALL GROUP	FC 5.2, - Language KANNADA - Time and days, Relationships, Animals, Insects, Colours, neighbourhood Dr. Anupama , Dr. Navikala		Dr.Jyothi. S Physiology 9880514892	
07-12-2022	Wed		FC 1.6 - Career pathway and growth Dr.Tanuja and	FC 2.1, 2.2 - Introduction to BLS/ First aid - Dr Aruna Ramesh -	FC 4.8 - ECA - Yoga and meditation, Dr Preethi B L, Dr. Omkar			FC 2.1,2.2- Basic life support- Batch A- Roll Nos 1 to 50 , Dr Vijay Das & Dr. Sneha	FC 2.1,2.2- Skill lab- Batch B -Simulation based - Roll Nos 51-100, Dr. Anupama & Mr.Shivanand		Dr.Navikala 8861469943	

			Dr.Soumya Ramani	LECTURE, INTERACTIVE			FC 4.8 - ECA - Yoga and meditation, Batch C- Dr Preethi B L & Mr. Nagendra, Roll Nos 101-150	
08-12-22	Thursday		FC 4.5 - Working with a health care team & introduction to health care workers – disability competencies Dr. Vishwanath & Ms.Diana Physiotherapy	FC 4.1 - Consequences of unethical & unprofessional behaviour - Dr. Girish Chandra LECTURE, INTERACTIVE / ROLE PLAY/ INTERACTIVE	FC-4.1 Skills to handle medicolegal aspects of medicine & Violence against doctors – Dr. Girish Chandra Case scenarios, INTERACTIVE	FC 1.10 - Alternate health systems -Dr. Navikala - LECTURE, INTERACTIVE	FC 2.1,2.2- Basic life support- Batch B- Roll Nos 51 to 100 , Dr Vijay Das & Dr. Sneha FC 2.1,2.2- Skill lab- Batch C -Simulation based - Roll Nos 101-150, Dr. Anupama & Mr.Shivanand, Computers taken. FC 4.8 - ECA - Yoga and meditation Batch A- Dr Preethi B L & Mr. Nagendra, Roll Nos 1-50	Dr.Shashikala
09-12-22	Friday		FC 2.3 - Universal precautions and immunization Dr. Shalini Naik/Dr Banashankari LECTURE, INTERACTIVE	FC 2.4, 2.5, 2.6, 2.8 - Patient safety and biohazard safety (Handwash, needle, handling biomaterial, use of PPE) -session 1. Dr. Naik Shalini Ashok - LECTURE, INTERACTIVE			FC 2.1,2.2- Basic life support- Batch C- Roll Nos 101 to 150 , Dr Vijay Das & Dr Rathai/ Dr. Sneha FC 2.1,2.2- Skill lab- Batch A -Simulation based - Roll Nos 1-50, Dr Dr. Anupama & Mr.Shivanand Computers to be taken. FC 4.8 - ECA - Yoga and meditation Batch B- Dr Preethi B L & Mr. Nagendra, Roll Nos 51-100	Dr.Anupama
10-12-22	Saturday		FC 4.15- Peer assisted, learning Dr.Prathap K J	FC 5. Communication Skills INTERACTIVE LECTURE WITH ROLE PLAY Dr.Jyothi.S and Dr.Zainab			C 6 - ECA -Indoor and Outdoor Sports.	Dr Prathap.KJ

11-12022	Sunday		Holiday	
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12-12-2022	Monday	YO GA	FC 4.14, 4.15 - Learning strategies and Self directed learning - Dr. Krishnamurthy - Interactive lecture, reflection, SGD, GP presentation	FC 4.1 - Professional attitude and ethical behaviour - concept of professionalism and ethics - Dr Venkatesh D - LECTURE, INTERACTIVE		Simulation based learning - Dr. Narayana Swamy INTERACTIVE LECTURE / SMALL GROUP		FC 2.1,2.2- First Aid- Batch B- Roll Nos 51 to 100 , Dr Navikala & Dr Shashikala		FC 4.8 - ECA - Yoga and meditation, Dr Preethi B L & Mr. Nagendra, Batch C Roll Nos 101-150		Dr.Hemalatha
								FC 5.4, 5.5 – Batch A- Simulation – skill lab. Dr Prathap & Mr.Akshith -/ INTERACTIVE / SMALL GROUP				
13-12-2022	Tuesday		FC 2.4, FC 4.14 -Self directed learning -Patient safety and biohazard safety (Handwash,needle, handling biomaterial) -Dr. Naik Shalini Ashok - LECTURE, INTERACTIVE Case Scenario- Dr. Naik Shalini Ashok	FC 2.4, 2.7 - Biomedical waste management, handling biomaterial - Dr. Babitha LECTURE, INTERACTIVE				Batch – C Roll No. 101-150 First Aid – Dr. Shivanand		FC 4.8 - ECA - Yoga and meditation, Dr Preethi B L & Mr. Nagendra, Batch A Roll Nos 1-50		Anushree Anatomy Department
								FC 5.4, 5.5 - Computer (digital library) -Introduction to Power Point, Computer animation Batch B Roll Nos 51-100- Dr Prathap & Mr.Akshith -/ INTERACTIVE / SMALL GROUP				
14-12-2022	Wednesday		FC-4.15. Group learning and dynamics Dr. Jyothi K C, SMALL GROUP DISCUSSIONS	FC 4.1 Development of Professional Identity Dr.Chandrika Rao/ Dr.Ashwini	FC 1.7 - MBBS Program - Skills, Certifications & Assessment driven learning Dr.Padma			FC 2.1,2.2- First Aid- Batch A- Roll Nos 1 to 50 , Dr Navikala & Dr Shashikala		FC 4.8 - ECA - Yoga and meditation, Dr Preethi B L & Mr. Nagendra, Batch-B Roll Nos 51-100		Greeshma Department of Anatomy
								FC 5.4, 5.5 - Simulation-Skill lab Batch C- 101-150 Dr Prathap & Mr.Akshith / INTERACTIVE / SMALL GROUP				
15-12-2022	Thursday		FC 1.7- Introduction to Integrated teaching in the CBME curriculum Dr.Vanitha Gowda.	FC 2.1 - Communication with patients and families and Relating patient experience of the disease - Interactive lecture, reflection, SGD,	FC 2.9 - Written communication - Documentation, medical records,			FC -4.1 - Ethics at beginning and end of life Dr.Harshavardhan Rao and Dr.Shravan.		FC 5.2 - Language KANNADA - Singular and plural Verb, General		Dr.Krishna Murthy

				GP presentation Dr Suman G	informed consent Dr.Janaki			interaction & conversations, Parts of the body Dr.Vijay Das & Dr Jyothi KC	
16-12-2022	Friday		Registration	FC 1.4,1.5 - Inauguration: Lamp lighting, Address by CE- Role modelling, Welcome and values of RMC, Rules and regulations, white coat ceremony, Oath administration. FC 4.11 Introduction to Hostels and Admin staff introduction. Vote of thanks			Parents, students meeting with faculty- Registrar & Preclinical Dept HODs- Interactive.	6-Sports	Dr.Ashwini and Dr.Veena Vidya Shankar
17-12-2022	Saturday		Visit to Health Centres/ FAMILY ADOPTION PROGRAM. FC 3.4, 3.5, 3.6, 4.4,1.8, 3.1, 3.2 Introduction to RNTCP /NTEP (Primary Health care system and delivery), National health priorities and policies						Mr.Shivanand

Foundation course- Continued-MBBS Batch- 22-23					
Date	DAY	1:30 - 2:30	2:30-3:30	3:30-4:30	4.30-5.30
24-12-22	Saturday	Sports/ECA Dr. Arjunan. Mr Mahesh (Sports Officer)			
31-12-22					
07-01-23					
14-01-23	Saturday	Language-Use of Kannada in patient interactions. Dr.Navikala	Computers-SDL-Powerpoint and Animations-2. Dr.Prathap.K.J		
21-01-23	Saturday	BLS-Assessment- Dr.Keshava Murthy			
28-01-23	Saturday	First Aid – Assessment-Dr.Keshava Murthy			
11-02-23	Saturday	FC 5.1 - Principles of oral communication- Dr.Narayan swamy-Role play			
18-02-23	Saturday	FC 2.4, 2.5, 2.6, 2.8 - Patient safety and biohazard safety (Handwash, needle, handling biomaterial, use of PPE) -session 3. Dr. Naik Shalini Ashok - LECTURE, INTERACTIVE	Computers-SDL-Downloading and use of Chrome -Tutors-Anatomy Department		
18-03-23	Saturday	Language-Kannada- Name of diseases commonly encountered-Dr.Jyothi	Computers-SDL- Using Google drive- Tutors-Physiology department		
25-03-23	Saturday	Language-English – Comprehension – 2 Dr.Veena Vidya Shankar, Dr.Jyothi.S,	Computers-SDL- Using Google drive- Tutors-Biochemistry department		
01-04-23	Saturday	Language-English – Comprehension –3 Dr.Veena Vidya Shankar, Dr.Jyothi.S,	Computers-SDL- Downloading and Use of youtube videos from chrome- Tutors- Anatomy department		